

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)



**Wild Rice harvest
season began
Aug. 29**

Aerial photo of Perch Lake's Wild Rice crop. This year's long and warm summer looks to provide a plentiful Wild Rice crop. More Aerial Wild Rice photos on page 6.

Local News..	2-3
RBC Thoughts	4-5
More Local	6-7
Etc..	8-10
13 Moons	11
Manomin or Wild Rice	12
Health News	13
Community News	14-15
Election Results	16

**1720 BIG LAKE RD.
CLOQUET, MN 55720
CHANGE SERVICE REQUESTED**

**Presort Std
U.S. Postage
PAID
Permit #155
Cloquet, MN
55720**

Local News

Zhawenjige Aapiji Anishinaabe

Gaa-objibwemod: Maa-jiigoneyaash, Gordon Jourdain
Gaa-objibwebii'iged: Nenaaw Giizhig, Charles Smith

Zhawenjige aapiji a'a Anishinaabe. Kina gegoo ozhawendaan, omanaajitooon gaye.

Anishinaabe has unconditional love. They unconditionally love everything; he respects everything too.

Ke mitigoons gii-ikidod awiya gaawiin memwech agaasaatig, mitigoons onjise mitigong. Gaan dazhin-jigaazosii egaashinwid mitig.

You see when someone says, branch, it's not necessarily a small tree, the branch comes from the tree. It's not referring to a small tree.

Shke dash e'ii gii-ikidod a'a, makoons gii-ikidod maazhaa ge nigigoons, gii-shawenimaad awiya abinoojiinyan.

But you see when someone says, makoons or nigigoons, when they love children.

Nashke a'a bezhig abi-

noojiinh gekino'amaagozid he'iing Misaabekong, gaawiin mashi odayaasiin odanishinaabewiinowin.

For example this one child that went to school at Misaabekong, he did not have an Anishinaabe name yet.

Ogii-kenimaan dash aa'aan odoodeman. Mii ni bizhiwan odoodeman a' gwiizens. Gii-niizhiwag gwiizensag mii gaa-zhi-doodeminid ni odedey-iwaan bizhiw.

But he knew his clan. The boy's clan was lynx. There were two boys that belonged to their father's clan, the lynx.

Mii dash gaa-izhinikaa-naawaad gekino'amaagejig, "Bizhiins." Ogii-shaweni-maawaan wenji-inaawaad. Gaan dash agaashinwisi- iwan ni odoodeman.

That's what the teachers called him, "Little Lynx." They loved him so much that's why they called him that. But his clan is not a small one.

Zhawenjige aapiji Anishinaabe.

Anishinaabe have unconditional love.

Health officials confirm first COVID-19 cases on the FDL Reservation

The Fond du Lac Human Services Division (FDL HSD) was notified early evening on Aug. 4, 2020 of three lab-confirmed COVID-19 positive cases. Two of the infected patients live within the Fond du Lac Reservation; the third patient was tested at the Center for American Indian Resources (CAIR) clinic in Duluth, Minn. These are the first documented cases of COVID-19 positive patients living within the Reservation. The Minnesota Department of Health (MDH) is working with FDL HSD on next steps to mitigate the infections' impact on the community

"Our Public Health Emergency Preparedness (PHEP) team has been meeting daily since COVID-19 was first detected in the United States," says Samuel Moose, the Band's Human Services Director. "We have been seeing an increase in cases with younger people throughout the state and country, and this is largely due to risky behavior, like gathering in large crowds and not observing social distancing guidelines. We urge everyone to stay home and not engage in high-risk activities. We will do all we can to get the community members recovery support, assist in contact tracing, and continue to

educate on the seriousness of this pandemic."

According to the Fond du Lac Chairman Kevin R. Dupuis, Sr., "The Band members, personnel, and surrounding communities have been doing everything to keep this virus away. Unfortunately, this virus knows no boundaries. Now that we have these first confirmed cases with the Fond du Lac Reservation, we must remain vigilant in the fight against this virus. We are encouraging all Minnesotans to continue to take care of one another, stay home, and take extra precautions as this virus enters our homeland."

The Reservation Business Committee, Medical Director, and the Human Services Director on the Fond du Lac Human Services held a public service announcement on the FDL Facebook page, which aired at 10 a.m. Wednesday and is available to watch there after the fact.

If you develop any of the following symptoms: fever, cough, shortness of breath, headache, sore throat, nausea/vomiting, diarrhea, loss of taste, or body aches, please call your healthcare provider to be evaluated for possible COVID-19 testing.

The most important recommenda-

tions are:

- Wash hands frequently with soap and water for at least 20 seconds or use hand sanitizer
- Practice social distancing (6-feet apart from others)
- Stay home if you are not feeling well
- Avoid large gatherings
- Wear a mask in public to protect yourself and others
- Cover your coughs and sneezes with a tissue and wash your hands
- Avoid touching your face or mouth
- Take care of your physical health and mental well-being.

FDL community members that have COVID-19 health related questions can call the Fond du Lac Nurse Triage Line at (218) 878-2120 or after hours call (218) 879-1227. Or MDH's hotline (7 a.m.-7 p.m. (651) 202-3920 or (800) 6573903.

Recommended websites for more information about the current situation are:

- Minnesota Department of Health (MDH) <https://www.health.state.mn.us/>
- Center for Disease Control and Prevention (CDC) <https://www.cdc.gov/>
- World Health Organization (WHO) <https://www.who.int/>

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts	4-5
More Local	6-7
Etc.....	8-10
13 Moons.....	11
Manomin or Wild Rice.....	12
Health News.....	13
Community News	14-15
Election Results	16

Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to: Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski
 zacharydunaiski@fdlrez.com • (218) 878-2682

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local News

Walz commends FDL OS Superintendent

By Zachary N. Dunaiski

A recent interview between Jennifer Murray, Fond du Lac Ojibwe School Superintendent, and Dan Huculak, WGZS Station Manager, about distance learning this last school year was picked up by KAXE, the local radio station in Grand Rapids.

“Just because we’re coming back to school, if we come back to school in person, does not mean we are going to continue consistently,” Murray said in the excerpt from WGZS about how schooling during the pandemic may go during the 20-21 school year. “If and when we shut down, our students and staff will be prepared to do exactly what we did in March; however, it will be better. We will have better services for them, and we will continue doing the lunches that worked really well. It gave us at least some sort of stability and contact with our families by doing the lunch service, so we will continue what worked. We are working on what is going to be an improvement, and we’re also preparing for all of the ‘what ifs.’”

Murray’s statement was wonderful, clearly depicting how the last school year went and its impact on the upcoming year. It was played to Minnesota Governor Tim Walz, who had a glowing response to Murray’s statement.

“First of all, that’s exactly why we did the plan we did. That’s the type of leadership that we know will get us through this. That’s why we said data driven with localized control. I think Superintendent Murray, I can

feel the care in her voice and I can feel the sense in how they are ready to adjust,” Governor Walz said about the Fond du Lac Ojibwe School’s plan laid out by Murray for the upcoming year.

The Walz administration plans to let each school district make the decision for what is best for their community, and Fond du Lac has already planned to be flexible, and prepared to make changes as the case numbers fluctuate.

“I think Minnesotans do need to recognize that we are in such a better position,” Governor Walz said of how the changes we made in March have given our hospitals time to prepare and everyone time to better understand how deadly this virus is. “We asked our schools and our parents to deal with the retooling of public education that had never been seen before. In many cases, it didn’t work as well as it could have, but it wasn’t for the lack of effort being made.”

That time has given us all a chance to prepare, and educators time to plan out multiple scenarios for the coming school year.

“We’ve learned a lot. When I hear Superintendent Murray say that we’re going to beat this thing and we’re going to adjust accordingly, I think she is right,” Governor Walz said of FDL OS plan. “Where you start on September 8, it may not be where you are at in December and it may not be where you’re at in May.”

COVID-19 has changed so much about the world in the last 9 months since the first cases in Wuhan, China. No country has been hit as hard as the United

States, and we’ve had to make a lot of changes, but we’re learning from what we’ve done and what works as Governor Walz stated.

“I think where people are now, COVID makes us somewhat pessimistic. If we do masks and we do this right and the vaccine trials continue to go on, I think the thing that we’re looking at is you may not start back in school, but we may be having proms and graduations in the spring, and I think that’s where all of us want to get to,” Governor Walz said of the different plans schools across the state have already begun to put in place.

Governor Walz also pointed out that our children are in this too, and they’re watching what we do and the decisions we make. This is bigger than any one of us, and we’ll have to work together in order to overcome this pandemic.

“I’m asking us to look at what the data is, know that our kids are watching us. Let’s debate where we have differences, but let’s defeat COVID, educate our children, and then work on those things that will come afterwards,” Governor Walz said.

Governor Walz addressed this issue many times, and he understands how this impacts different communities at different severities.

“I do think there will be some long term historical trauma that will come out of this,” Governor Walz said. “I think it is worth noting that this has hit harder in communities of color, it is in our black communities, our indigenous communities, it is in our rural communities in some cases because of economic disadvantages around things like broad-

band access, so I do worry about this and I think that we need to take that into consideration of what education looks like after COVID.”

This will be a long hard school year, but Governor Walz knows that if we work together we can keep Minnesotans safe.


“I don’t want to set unrealistic expectations, but I do think that it is important for us to understand that we are not totally at the mercy of whatever COVID does. It will do what it does, but we can direct it, we can change it, and I think hearing

Superintendent Murray say, you know what we’re going to do in the age of COVID? We’re going to care for and educate these children, whatever it takes. That’s very encouraging to me,” Governor Walz said.

Spend time talking with your children about how dangerous this is, reminding them of the importance of hand washing and social distancing, and that while it is difficult now, it won’t be this way forever. Stay safe, and wear your mask.

Fond du Lac Human Services Division Social Services Department

Housing and Direct Client Assistance



Family Homeless Prevention and Assistance Program

Eligibility:
The following criteria establish for homelessness prevention and use the FHPAP Prevention Tool and will target people with disabilities:

1. At imminent risk of homelessness
2. Low income defined as:
 - a. Household income at or below 200% of federal poverty guidelines according to family size.
3. Exhausted other resources, and no remaining resources to resolve the crisis
4. Likely to stabilize with limited assistance

Minimum requirements prior to acceptance and delivery of services:

- Income Verification
- Emergency Assistance documentation
- Documentation that homelessness is imminent

Long-term Homeless Supportive Services Fund

Eligibility:
Long-term homelessness is defined as “lacking a permanent place to live continuously for one year or more or at least four times in the past three years.”

SOR (SAMHSA Opioid Response Grant)

- Must be a client of SOR currently, no new intakes
 - Eligible for case management and direct client assistance to work on specific goals related to housing stabilization.

Direct Client Assistance:

- Application fees
- Moving costs
- Rent Deposit
- Short term storage
- Furnishing (limited)
- Appliances
- Utilities
- Rent Assistance
- Cleaning supplies

For more information or any questions, contact (218) 878-2145.

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department

RBC Thoughts

Secretary/Treasurer News

Boozhoo,

The weather has been good for our Wild Rice season so far. We had rain in the spring and a long hot summer to help the rice grow. Lately we have had some rain which helps stand the rice up and gives harvesters water to be able to access the rice in the bays and close to shore. It will be nice to see people out ricing this year as our crop has been very bad the last few years.

Like my grandfather used to say, it should be a good season if we don't get a storm. Keep an eye on the webpage if you are interested in harvesting this year.

I hope to see you on the landing this year with a boat load of rice.

The resource management department is making plans for this year's moose season. The lottery has been complete with 64 applicants for 60 licenses. As we have in the past our harvest will be limited to 30 animals. This year's season will begin on Sept. 26 and will run until we harvest our quota or we reach Dec. 31. Last year the Band's harvest reached 21 animals. The signs are out there to indicate that the hunters should be successful again this fall.

The federal government passed a law, the Coronavi-

rus Aid, Relief and Economic Security Act (CARES Act) at the end of March this year. It has provided the Band with \$31 million in funding to assist the Band and Band members through this pandemic. The CARES Act money has been allocated to help with unanticipated costs due to the pandemic. Of the total funding package, we have allocated approximately \$2.5 million for direct services to Band members so far. If all projects approved are not able to be completed by December 31, the RBC will reallocate the remaining funds.

Last month's open meeting ended quite abruptly. I never thought I would say something like this, but, we were ZOOM BOMBED. I was not angered by the action, I was more embarrassed that we did not have enough security measures in place to prevent this from happening. The effects of this will be felt by all Band members as their access to their own government will become more difficult and their speech or actions will be further curtailed because of the actions of one individual.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.



Ferdinand Martineau

Cloquet News

Hello all

Hope you all are in good health. In an effort to fulfill our food sovereignty initiative, our planning division in conjunction with cultural center and day labor program have created food orchards in Cloquet and Brookston districts. We know have a variety of fruit trees and plants in each of our districts. I was impressed with how each one worked together to complete this stage of the project and still maintain COVID-19 safety protocols.

In just a matter of weeks ricing season will be upon us. Along with reports from our Natural Resource Division and a number of community

members, I had the opportunity to go check on our rice lakes myself. The crops this year look exceptionally good.

The CORONA virus has made its way to FDL, we now have a couple cases within our borders. Our thoughts are with them. We have been very fortunate until now in escaping this thing. I can assure you that our public health team, our Emergency Operations Center, our Division Directors, and many community members have been working tirelessly to combat this virus. I can't thank them enough for all the work they are putting into ensuring the safety of our community.

On a different note, there has been a number of concerns about the intersections of Big Lake Road and Reservation Road as well as Big Lake Road and Brevator Road. I assure

you that the RBC is and has been working on traffic safety measures for both intersections. We have met with MN DOT officials and Carlton County Commissioners explaining the need for traffic and pedestrian safety at these intersections. They have done some preliminary research so far and will be coming up with a safety plan very soon. It will most likely consist of speed limit changes and flashing lights. I will keep you informed as these changes are made. These changes are absolutely necessary to keep our community safe.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com



Wally Dupuis

JANELLE BARNEY
is now the Social Worker at the Ojibwe School

If anyone is confused about changes and would like to talk or parents who are having a difficult time engaging students with distance learning, please reach her at 218-878-2145

Fond du Lac Human Services Division | Social Services Department

RBC Thoughts

Sawyer News

Boozhoo,

September is Waatebagaa-gizis the leaves turning moon. We will start seeing crisp temperatures in the evenings, which will be a good break from the humidity that we have experienced this summer. First, with all the Tribal elections over, I would like to congratulate Chairman Kevin Dupuis Sr. and District 1 Representative, Wally Dupuis on their election win. District 3 Roger Smith will also be representing Band Members for



Bruce Savage

another term. I look forward to working with their leadership and vision for the future.

With all that is going on with this pandemic it has been a challenge for everyone. I am asking for everyone to be safe and responsible to keep social distancing and taking all the precautions to limit the spread in all communities. This past month has flown by once again. We are still working on providing services for people with COVID-19 and others that have to be quarantined. The EOC and Human Services is reaching out to folks to be able to help during this

time of crisis. You are not alone in this, please contact the EOC for masks and other supplies. There are food boxes and other assistance available. Reach the EOC at (218) 878-7175 and FDL Human Services at (218) 879-1227.

In Sawyer we are planning to tear down abandoned houses that are beyond repair. We will start to replace some homes this fall. I have seen homeowners making repairs of their own this summer and planting sunflowers and really taking care of their homes. The efforts are noticeable and offer community pride to everyone.

The Fond du Lac Resource Management Department is

starting to develop a plan to restore Wild Rice Lake on Highway 210. I asked them to put effort into this lake in honor of its name and history within the community. I haven't seen rice on that lake in 20 years. We also have an option to change its name. Resource Management has reached out to MNDOT on the effects of culverts and railroad bridge off of the highway. I remember as a young person seeing cars parked there and members ricing on the lake, there is always good memories during this time of the year in Sawyer.

Also the Bands' hunting seasons will be starting soon. Be safe in all aspects. Take care

and also, I would like to thank the Election Committee for all their work. Take time to thank Wild Rice harvesters and members of the Wild Rice council for working to make this harvesting season a success. They are the ones that bring us the good local Wild Rice that we are so lucky to have within our borders.

Miigwetch

*Bruce M. Savage
Sawyer Representative
(218) 393-6902
BruceSavage@fdlrez.com*

Brookston News

Boozhoo,

I would like to congratulate Chairman Kevin Dupuis, Sr. and District I Representative Wally Dupuis on their re-election to their positions.

We have been in a very difficult time with the pandemic breaking through and having multiple confirmed cases on Fond du Lac. I would like to say that we have been able to keep COVID-19 away from Fond du Lac for this long because we took the seriousness of the situation and we all acted as one with the precautions and taking the term "we are in this together" very seriously. With that I would like to thank the



Roger M. Smith Sr

community members for doing their part and to keep working at protecting our communities. I'm very pleased to see our Band Members and community members wearing masks

and practicing social distancing when I'm in town getting supplies. This reaffirms that "WE" have done all that we can in keeping this from our communities for as long as we can.

We all must also remember that we need to help the families with confirmed diagnosis as they are in quarantine. By dropping off supplies when needed and just the simple support of "we hope you are feeling better" or saying a prayer for their family. It is also very important that

if you are to be quarantined for either results of a test or for whatever reason, please do just that until you find out it is safe to no longer quarantine. This is how we get through this quicker and reduce the spread.

By the time the paper is out we will already have had our TERO Job Fair August 22 and 29, 2020, 8 a.m.-12 p.m. at the parking lot of Min No Aya Win Clinic under the big tent. We have a number of projects that must be completed by December 31, 2020 that will need workers and the contractors have to follow our TERO ordinance.

We are in the process of starting the Mahnomen Housing Community Lighting and Trail project and they will need TERO workers on this project. Many have heard that we have

planted apple trees to start an apple orchard at the corner of Jokela Rd/ Brevator Rd. The trees look amazing and appear to be doing well.

We will be opening our Wild Rice lakes soon. Resource Management, Ricing Committee, and other Band Members have been monitoring the conditions of the lakes and the ripening process. The lakes look fantastic and it is looking like a good harvest this year. We also have Moose season coming up

and 60 permits were drawn to fill the 30 Bull Moose quota for this year. Good luck to all the ricers and the moose hunters and I hope all are successful!! I hope all of our families remain safe and healthy. Chi Miigwech!

*Roger M. Smith Sr.
District III Brookston Representative
rogermsmithsr@fdlrez.com
(218) 878-7509*



More Local

Fond du Lac expected to have a great Wild Rice season

It's that time of year again! The lakes are looking excellent! Here are some images of what our rice lakes currently look like.

Also, the Rice Chiefs will be meeting this week to hopefully determine the starting date.

Get ready folks!

Pictured: Rice Portage, Miller Lake, Perch Lake, Jaskari Lake, and Deadfish Lake

#FDLstrong

#foodsovereignty @ Fond du Lac Band of Lake Superior Chipewewa



Fond Du Lac Head Start & Early Head Start Programs

We are now accepting applications for the 2020-2021 program year. Please call 218-878-8100 Space is limited.

Ages: Pregnant women to 5 years old

Due to Covid 19, the school year will start with distance learning and home visits from teachers.



More Local

FDLHSD notifies those who've contracted COVID-19

Fond du Lac Human Services Division (FDLHSD) has been notified by concerned community members about misinformation being communicated about out COVID-19 testing results.

FAQ's

- If your test was completed here, our medical providers will contact you directly. No other agency will contact you about your results.

- Our reference lab (Mayo Clinic) communicates all test results directly with our medical team. They will not contact patients directly.

- We have confirmed with Mayo Clinic and Minnesota Department of Health that we have NO false positive test results or that they have called any of our patients.

- If you have been informed by HSD providers of a positive COVID test, it's imperative to isolate for the recommended timeframe.

- By not following these recommendations you and your close contacts are putting others at risk for contracting COVID-19 and contributing to the community spread of the virus.

If you receive a call from anyone other than our medical team about your test results that you had completed at Min No Aya Win (MNAW) or Center for American Indian Resources (CAIR), please contact the medical departments immediately at (218) 879-1227 (24 hours a day, 7 days a week)

Miigwech

The right mask for the right situation

By Zachary N. Dunaiski

Fond du Lac has had mask mandates in place for months, the entire state of Minnesota has had mask mandates in place for weeks, but new research is showing that all masks are not equal.

A group of researchers from Duke University have done some work to try to clarify which masks are best, and which ones are not, including one that they say is worse than no mask at all.

Masks and face coverings have become commonplace in our world, and now enough time has passed that research about which ones are effective have been conducted. Since we can't all wear N95 masks due to shortages, we need to know how best to keep this virus from spreading.

"Cloth face coverings are one of the most powerful weapons we have to slow and stop the spread of the virus," Robert R. Redfield, director of the Centers for Disease Control and Prevention (CDC) had said about what we can each do to slow the spread of COVID-19. "Particularly when used universally within a community setting."

A study, published by ScienceMag.com, tested 14 options for face coverings (including no mask at all). The masks ranged from N95 respirator masks to just tying a bandana over the face. Of the 14 tested face coverings, the study shows that easily accessible cotton cloth masks are about as effective as standard surgical masks.

Some popular options like neck gaiters that were made of thin, stretchy materials were

found to be worse than wearing no mask at all. While the study sounds elaborate, the Washington Post reported that the Duke University study was actually quite simple.

Using a simple contraption that harnesses the power of a laser, which can be easily purchased online for less than \$200, and a cell phone camera, Fischer created a device that allowed his team to track individual particles released from a person's mouth when they are speaking. The rest of the setup includes a box that can be made out of cardboard and a lens.

The study, which was peer reviewed in a study published in Science Advances, had participants say a phrase into a box repeatedly wearing different style face coverings and one where they wore no mask at all.

Inside the device, the airborne particles passed through a sheet of light created by the laser hitting the lens and produced visible flashes that were recorded by the phone's camera, per the Washington Post article on the study.

When replaying footage of the particles emitted when speaking into the box, it was easy to see them through the laser being shown inside, and could then be counted.

The worst option is the breathable neck gaiter, which is liked by runners for cold weather because of its breathability, but ranked worst in the study, worse than no mask at all. The particular one used in the study was a "neck fleece" made out of polyester spandex.

"These neck gaiters are extremely common in a lot of places because they're

very convenient to wear," the study's co-author Warren S. Warren, a professor of physics, chemistry, radiology and biomedical engineering at Duke said. "But the exact reason why they're so convenient, which is that they don't restrict air, is the reason why they're not doing much of a job helping people."

It is important to remember that not all neck gaiters are bad, but it is still recommended that on the whole, they are NOT to be used as protective wear against COVID-19.

The high droplet count observed in the study could be linked to the porous fabric of the neck gaiter that was tested breaking up bigger particles into many little ones that are more likely to hang around in the air longer, Fischer said in the video. This effect makes wearing some gaiters possibly "counterproductive," per the Washington Post article.

When choosing a mask when going out, remember that which one we choose makes a big difference for ourselves and others. Also, a filter inside a cloth face mask, such as a coffee filter, can make masks even more protective. So if your mask has a slot for filter, remember to use it as well.

Source: https://www.washingtonpost.com/lifestyle/wellness/mask-test-duke-covid/2020/08/10/4f2bb888-db18-11ea-b205-ff838e15a9a6_story.html

FDL Comprehensive Plan Survey

Prior to the outbreak of COVID-19, the Fond du Lac Planning Department was in the process of gathering community feedback for the Fond du Lac Reservation Comprehensive Plan.

With limited in-person opportunities for discussion, a survey is even more important to gather feedback. This plan is meant to understand the wants and needs of our community in relation to housing, environment, economy, safety, transportation, and more in order to create a series of goals for future development on the Reservation. Unlike our program-oriented Strategic Plan, the Comprehensive Plan focuses more on what we want to see and where we want to see it in relation to the built environment.

The feedback you provide in this survey will directly impact the way our Reservation looks, feels, and grows into the future. The more people we can get to respond to this request, the more this plan will come to represent the whole of our community.

We hope you will take 5 to 10 minutes to complete this survey. Your answers will be completely anonymous. If you have any questions, please contact the Planning Division at FDLPlanning@fdlrez.com.

Link to survey can be found here: <https://www.surveymonkey.com/r/FDLCompPlan>

Etc



A bright new mural is coming into fruition in the Lincoln Park neighborhood

Designed by Fond du Lac direct descendent and Duluth artist Moira Villiard, the mural project is set for completion by the end of August 2020.

Moira Villiard and Red Cliff artist Michelle DeFoe are the lead artists on the project, though community engagement in the design process has been at the heart of the work. Heather Olson and Aurora Webster are two volunteers also helping with the project.

The proposed mural aims to bring color and life to a community resource center in Duluth's Lincoln Park neighborhood, utilizing Anishinaabe symbolism to provide insight into some of the city's Indigenous history. A portion of the mural will utilize designs submitted online to Villiard by youth during the COVID-19 pandemic.

The dragonflies were largely designed by youth and are a symbol of resilience and transformation, and serve as a

relevant reminder of our need today to grow and transform our lives in ways that allow us to live fully. Through cultural imagery including a hand holding asemaa and references to wild rice, the mural also serves as a reminder that even in uncertain times, we shouldn't forget the stories of the land we reside on and the people who were the first stewards of Turtle Island.

Using social distance practices, several youth groups have also participated in the early painting stages of the mural, including a youth group from the Steve O'Neil apartment building.

The project was funded in part through an Art Project grant by the Arrowhead Regional Arts Council and through a grant program awarded by the Saint Paul & Minnesota Foundation in partnership with the McKnight Foundation to the American Indian Community Housing Organization (AICHO) arts program (the "Art in the Present Moment" initiative).

Sizzling Summer has great participation

Fond du Lac Propane would like to send a big "thank you" to all of our customers.

Our "Sizzling Summer Sale" had a great Turn-out!

Here is a list of winners from our "July Sale Drawings" held on Aug. 7, 2020.

\$10 FDL Gas and Grocery Gift Card: Darwin Bishop
\$10 FDL Gas and Grocery Gift

Card: David Lavinski
\$10 FDL Gas and Grocery Gift Card: Ryan Westmoreland
\$10 FDL Gas and Grocery Gift Card: Gregg Cobb
\$10 FDL Gas and Grocery Gift Card: Christina Barney
Certificate for 200 Gallons: Todd Pensak
Certificate for 200 Gallons: Rita Connors
Certificate for 200 Gallons: Dawn M. Reynolds

We will be notifying each of the winners via mail. Thank you and enjoy your 2020 summer!

FinCEN issues advisory on cybercrime and cyber-enabled crime exploiting the COVID-19 pandemic

The Financial Crimes Enforcement Network (FinCEN) issued an advisory today to alert financial institutions to potential indicators of cybercrime and cyber-enabled crime observed during the COVID-19 pandemic. The advisory contains descriptions of COVID-19-related malicious cyber activity and scams, associated financial red flag indicators, and information on reporting suspicious activity.

The advisory is based on FinCEN's analysis of COVID-

19-related information obtained from Bank Secrecy Act data, open source reporting, and law enforcement partners. FinCEN will issue COVID-19-related information to financial institutions to help enhance their efforts to detect, prevent, and report suspected illicit activity on its website at <https://www.fincen.gov/coronavirus>.

Etc

Heat and electric assistance

There is still time to apply for the CARE's act money for heat and electric assistance. These programs offer \$450 for both heat and electric bills. The grant is available to households with only one grant per household no matter how many Band member live in the house.

Applicants must be over 18 years of age. Funds can only be used for heat and electric bills and money will be sent directly to your vendors. Please remember to include a copy of your electric and fuel bill with the application. To receive and application please call (218) 878-7515.

Application for heating assistance

The 20-21 heating season will soon be upon us. Applications began to be mailed in the last week of August.

Income guidelines have changed so if you didn't qualify last year, you may this season. Watch your mail box and get the application in right away.

Applications for people who have not applied in the past will be available by the middle of September.

Prevention Intervention

By Kami Diver,
Lead Prevention Intervention Specialist, about the Prevention Intervention Program

Aaniin, Fond du Lac community, the Prevention Intervention Program is underway handing out the "maintenance packages" to the participating American

Indian youth and families of the Prevention Intervention Program. The team of Prevention Intervention Specialists' are concerned with the safety of our youth and families and want to keep the communication open with them. We understand we are in difficult times, however, we do not want these times to discourage our youth. Our youth must understand that our spirits grow stronger when conflict presents itself.

To help in relieving some of the anxiety felt by youth and families we want to continue delivering snacks, juices and safety information to our youth. The team when delivering the packages see the smiles on our youth and families. We want those smiles to continue. As a team we understand how this pandemic has manifested itself into stress on our youth and families. The Prevention Intervention Team is doing what it can to help relieve some of the stress.

We know the "social distancing" requested by the RBC and CDC is difficult and we are counting on our parents to help with this safety procedure. As a community we need to take care of our youth and families and also take care of ourselves. As a community we can assist others and make our community stronger. The Prevention Intervention Team wants to continue its involvement with our youth by seeing them as often as we can. To do so we will be delivering the "snack packages" throughout this time of crisis. This will allow us to provide a minimal social connection with youth and families while keeping the safety procedures in mind.

With the uncertainty of school

openings, cancelation of all Prevention Intervention activities makes life more difficult for the youth. As strong as our children are we can understand the fear they may have during this time. Not fully understanding the pandemic and the importance of following the safety protocols established for our community, it is up to the community to help them understand. Our Prevention Intervention Team is ready to provide whatever assistance we can to help dispel some of this fear.

The Anishinaabe way is to be: Humility Dabaadendiziwin, Bravery Aakwa'ode'ewin, Honesty Gwekwaadziwin, Wisdom Nibwaakaawin, Truth Mnaadendimowin, Love Zaagidwin. Miigwech

Census Bureau Adapts Operations to Ensure Everyone Is Counted

As the U.S. Census Bureau continues to monitor the impacts COVID-19 has on 2020 Census operations, changes to operations are being deployed to ensure the safety of staff and the public while maximizing the number of households that respond on their own to the 2020 Census.

Learn more at [census.gov](https://www.census.gov). "We are taking steps and adapting our operations to make sure everyone is counted, while keeping everyone safe," said Census Bureau Director Dr. Steven Dillingham. "Our commitment to a complete and accurate 2020 Census is absolute. In this challenging environment, we are deploying these tactics to make sure we reach every

household in every community. If you haven't responded, the time to respond is now! Responding to the 2020 Census online, on paper, by phone, or in person with a census taker, helps secure vital resources for your community."

As of today, over 63.5% of households have responded to the 2020 Census. People can still respond online, over the phone or by mail — all without having to meet a census taker. The Census Bureau will follow up with some nonresponding households by phone.

In order to supplement our capabilities to send census takers to households in person, the Census Bureau is training census takers to follow up with households by phone. Using information provided to the Census Bureau and third-party purchased data, the Census Bureau has a strong contact list for both landlines and cellphones assigned to houses on the Census Bureau's address list. These phone calls will enable the Census Bureau to have maximum flexibility for conducting field operations, and is one more method that

COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.	ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.
 <p>If you had close contact with a person who has COVID-19</p> <ul style="list-style-type: none">  Stay home until 14 days after your last contact.  Check your temperature twice a day and watch for symptoms of COVID-19.  If possible, stay away from people who are at higher-risk for getting very sick from COVID-19. 	 <p>If you are sick and think or know you have COVID-19</p> <ul style="list-style-type: none">  Stay home until after <ul style="list-style-type: none"> At least 10 days since symptoms first appeared and At least 24 hours with no fever without fever-reducing medication and Symptoms have improved  If you tested positive for COVID-19 but do not have symptoms <ul style="list-style-type: none"> Stay home until after <ul style="list-style-type: none"> 10 days have passed since your positive test  If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.
 <p>cdc.gov/coronavirus</p>	

Etc

Wisdom Steps

The Fond du Lac Wisdom Steps group submitted this photo and wishes you well during these strange and unique times.



Aspiring Entrepreneur or Small Business Owner?



Attend a Free Online Small Business Development Workshop

Training by RedWind in Partnership with the Minnesota Indigenous Business Alliance (MNIBA) and The Fond du Lac Band

WHEN: September 14th - 17th (Monday-Thursday Afternoon)
TIME: 1:00 PM – 3:30 PM Central
WHERE: Online Virtual Format - Once registered, access to link and directions will be provided.
REGISTER: https://www.nativesmallbusiness.org/fond_du_lac_online
**** Register by September 4th to receive your workshop packet in the mail****
OR CONTACT: Jamie Adams, Fond du Lac Planning: jamiadam@fdlrez.com
 218-878-2631 or Pamela Standing, 218-850-8364
info@mniba.org

More about the workshop: http://www.nativesmallbusiness.org/inside_the_workshop

Topics

- Entrepreneurial Skills and Knowledge
- Business Planning (Business Model, Value Proposition and Differentiation)
- Marketing (Who are my customers, how to reach customers)
- Market Research
- Record Keeping
- General Business Issues Overview
- Cash Planning & Tools for Financial Management

Native American Entrepreneurial Empowerment Workshops are provided to native communities across the country through support from the United States Small Business Administration (SBA) Office of Native American Affairs (ONAA). ONAA contracted with RedWind to provide workshops through contract number: 5B4HQ-17-F-0050. Find more information at <http://www.nativesmallbusiness.org/>.



census takers can use to reach nonresponding households. If a voicemail is available, the census taker will leave a message asking the household to call one of the Census Bureau's call centers.

Census takers have begun following up with households nationwide. Census takers will continue to follow up with nonresponding households in person, and will follow CDC and local public health guidelines when they visit.

If no one is home when the census taker visits, the census taker will leave a "Notice of Visit" with information about how to respond online, by phone or by mail, to encourage response. During Census Bureau tests, the "Notice of Visit" proved successful in encouraging people to respond on their own to the census.

The Census Bureau will mail an additional paper questionnaire to nonresponding households.

To encourage more households to respond on their own to the 2020 Census, the Census Bureau is contacting nonresponding households by mailing an additional paper questionnaire to some households that have yet to respond.

The Census Bureau is sending a seventh mailing, including a paper questionnaire, in late August to early September to the lowest-responding census tracts.

The Census Bureau is emailing households in low-responding areas.

The Census Bureau recently announced that households in low-responding areas would be receiving emails to encourage response to the 2020 Census.

The emails will go to all households that the Census Bureau has contact informa-

tion for in census block groups with a response rate lower than 50%. This will include households who may have already responded. In total, the Census Bureau expects to email more than 20 million households in these low-responding areas. The email messages will come from 2020census@subscriptions.census.gov and will give recipients the option to opt out of receiving future messages. The Census Bureau is using email addresses that households have provided in response to another Census Bureau program, or received from states (such as from their WIC, SNAP or TANF programs) or from a commercial list.

In addition to contacting households through these new methods, the Census Bureau is increasing other outreach efforts during one last push to encourage everyone to respond to the census online, by phone or by mail. The Census Bureau recently announced that it has launched Mobile Questionnaire Assistance, a program that offers assistance with responding at locations, such as grocery stores and pharmacies, in low-responding areas.

Additionally, the Census Bureau has expanded its paid advertising, launching a series of new advertisements aimed at increasing online response. Now, 45 non-English languages are receiving some level of paid media support.

LEGAL NOTICE – SEPTEMBER 2020

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the

Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

CASSIDY, Denise
 CICHY, Gerard
 CICHY, Leslie
 COUTURE, James A.
 ENGLER, Catherine
 FARRELL, Margo J.
 HAARSAKER, Brenda
 HILPIPPE, Jean M.
 JANSEN, Mary Jo
 KLASSEN, Lloria A.
 LAFAVE, Darren Houle
 LAFAVE-KING, Jacqueline
 LAPRAIRIE, Robert
 LEE, Patricia J.
 MARTIN, John Francis Jr.
 MARTIN, Kim I.
 MARTINEAU, Loretta C.
 MARZINSKE, Florence
 MARZINSKE, Larry
 MUELLER Neva
 OLP, Madison S.
 SAVAGE, Mark
 SMITH, Robert W.
 SOULIER, Gary
 ST. GEORGE, Richard J.
 THOMPSON, Henrietta
 THOMPSON, Lester P.
 TUTTLE, James III
 WILLIAMSON, Donna M.

Ashi-niswi giizisoog (Thirteen Moons)

Waatebagaa giizis:

Leaves Changing Color Moon. Other names for new September moon are Mandaamini giizis (Corn Moon) and Moozo giizis (Moose Moon).

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words. All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure
“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father
“i”- sounds like the “i” in sit
“ii”- sounds like the “ee” in feet
“o”- sounds like the “o” in go
“oo”- sounds like the “oo” in food
“e”- sounds like the “ay” in stay

Weather

It is...
A cool wind- Dakaasin
A nice day- Mino Giizhigad
Clear- Mizhakwad
Cloudy- Ningwaanakwad

Cold- Gisinaa

Foggy- Awan

Hot- Gizhaate

Source: www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

N M D L H Z N A G A N I M O O N A M R Q
G C K J E Y R I X C N K M I A G V A V L
S I P G C A D O Z O K K K P O L Z N Q F
O W T Q L F C U X J I G B K Y M T O N Z
J F C A M W E V M O X D T H I Y I O C O
R Z M M A A Y I O A J I I A P X D M M B
I Q V N N W A Q U E S I E V S I O I S I
C E G G I X G D R C X H L N G J R N K J
H V Q T W R C I A S X H K M O S B I K L
Q V U N I B B C I A V O L A O W K K P G
U U L D I Y A N M K N G G N W H W E W K
G U P R G H F V Y X H I N D S I S S B L
K V P H W M X S G Z I S M A U D Z H X S
Q U T M A K I Z I N A T A A G E W I N F
I F Z X A G S I A K E M F M D B A I M W
S N Q N S W J K R Y M I G I S K A N V K
I H D P E A I R Q B F W F N B Y P H M I
H G U Z A B C N U I H Y V A P H S S X X
N M F M G A V W Z I V L E A H J R I T U
O M D H A E W S H O C D C K Q S L X I R

MAADAANIMAD/wind picks up

MAAJIIZH/take away

MANASHKIKI/gather medicine

MAKIZINATAAGEWIN/mocosin game

MANDAAMINAAK/ear of corn

MANIWIIGWAASE/gather Birch Bark

MANOOMINAGANZH/wildrice stalks

MANOOMINIKE/harvest wild rice

MANOOMINIKESHIINH/Rice Bird

MASHKAWIZI/Be strong

MASHKIIGWAATIG/tamarack

MAWINZO/pick berries

MIGISKAN/fish hook

Manomin or Wild Rice

September – Month of Gathering Manomin

Research by Christine Carlson

1821 – Regarding Wild Rice

It was formerly the practice of the Indians, when the grain was in the mild, to pass around in canoes and gather up the tops in large shocks, and fasten them, in order to render the collecting of the grain easier when ripened. By this means they also obtained it in much larger quantities than at present. The work of harvesting is performed by the females. It is now gathered by two of them passing around in a canoe, one sitting in the stern and pushing it along while the other, with two small pointed sticks, about three feet long, collects it by running one of the sticks into the rice, and bending it into the canoe.

The grain is not ripe when harvested. It falls covered with a husk, and has a beard about two inches long. One method of curing the rice, and that which makes it the most palatable, is by putting it into a kettle in small quantities, and changing it over the fire until it becomes parched. A round hole is dug in the ground, about a foot and a half deep and three feet in circumference, into which a moose skin is usually put. Into this hole the grain is poured, where it is trodden by an Indian until it is completely hulled. This is a very laborious work, and always devolves upon the men. After being sufficiently trodden, it is taken out and cleaned in a fan made of birch bark. This is the most expeditious method of cleaning it.

The other method differs from this only in drying. It is as follows: a scaffold is made of small poles, about three feet

from the ground, and covered with cedar slabs. On this the rice is spread and under the scaffold a slow fire kindled, which is kept up until the grain becomes entirely dry. It takes nearly a day to dry one of the scaffolds full and keeps much longer, than the other. The rice when cured is put into sacks of about a bushel each. A sack is valued at two kinds. A fathom of shroud, or a blanket, will buy two sacks. A skin is valued at two dollars. One family ordinarily makes about five sacks of rice; but those who are industrious sometimes make twenty-five—though this is very rare.

1826 - Manomin on the St. Louis River during the time of the 1826 Treaty in the old Village of Fond du Lac

Much of the manomin on the river was damaged due to the Spring flooding.

O-ni-shin-age-me-no-men (Wild Rice) by John Bardon – Paper found at the Superior Public Library

The original Indian way of taking care of the rice after parching, was to store it in containers made of fawn skins, even rabbit skins, or hides of any other rather small, fur-bearing animals. Such “sacks” of rice were easily transported, it usually kept on, or hung from, the upper poles of their wigwams, cabins or any other place, away from dampness and annoying animals. Another way of preserving the rice was by pouring the fat or tallow of deer, bear or other game with the rice, into the container. This latter method was considered ideal for several reasons. It not only effectively preserved the rice, but it made a concoction

resembling “pemmican”. It was always ready as the “base” of a wholesome meal. Just add a few ducks, muskrats, rabbits, skunks or fish and you had a sustaining repast, right off the resources of the country.

I omitted saying that the gathering of the rice is generally done by two elderly women. They face each other with the blanket between them and an animated conversation is going on, as well as the work. While they are thrashing the rice, they are also thrashing out the social topics of the day. When they wish to change their occupation the one with the two sticks hands them over to the lady with the paddle, then the operation of gathering is simply reversed.

Wild Rice – Minnesota Democrat of November 24, 1852

This is an aquatic grass which grows in large quantities throughout this Territory. Different varieties are found throughout the middle States, where it goes by the name of water oats, Indian rice, and reed. The French Canadians call it “Folle avoine”, or wild oats. The Chippewas call it manomin and the Sioux psin.

It is exceedingly prolific. The root is perennial. Stock of all descriptions are fond of it. Every autumn and spring the wild rice lakes are visited by myriads of ducks and geese.

Wild rice furnished a considerable portion of the winter subsistence of our Indians, who collect large quantities of it every fall. It grows where the water is from 4 to 6 feet deep, and rises from 4 to 8 feet above the surface.

The Aborigines of Minnesota – Preserving Wild Rice

That portion of the crop which is not wanted immediately is preserved in various ways. Some of it is stored in skins of animals, especially if it has to be transported, such as the skins of the raccoon and the webbed feet of ducks and fawn skins. A large portion of the season’s harvest is put into boxes or mococks of birch-bark and hid in holes in the earth.

1898 – Fond du Lac Band

In 1898, the Fond du Lac Band had a population of 400. They put up 650 bushels of wild rice and sold it for 6 – 10 cents per pound.

The Gazette – August 27, 1864

Wild Rice (*Zizania awuatica*), or Menomin as it is called by the Indians, is much more plentiful this season than we have ever seen it before. The St. Louis river particularly, will yield a much heavier crop of this grain this year than for a good many years past. We notice during a trip to Fondulac the past week, twenty or thirty canoes of “Aborigines” busy at work tying up the grain preparatory to harvesting it.

This grain usually grows along the edges of streams and inland lakes in water from two to three feet deep.

Trip to Fond du Lac on the St. Louis River – Duluth Minnesotian of September 25, 1869

Wild rice grows in abundance here and it harvested by them by beating the grain lowed heads with poles as they pass beneath in their bark canoes.

Fond du Lac Correspondent for the old Village of Fond du Lac – Duluth News Tribune of October 3, 1902

The crop of wild rice has been abundant and all water fowls are consequently in fine condition.

Girls on Indian Reservations to Form Wild Rice Clubs – Duluth News Tribune of April 13, 1919

Form Club at Cloquet - At Cloquet a club is about to be established among the young girls with Mrs. Peter Olesen and Miss Nordquist as the leaders. For the present the work will have to be carried on by local volunteer help under the direction of the district worker. Later it may be possible to have a resident trained worker in charge. The plan for the club to form a connecting link between the old tribal traditions and the newer ideals of the girls, who have returned from the government school. For this reason the association will foster wild rice clubs both at Cloquet and Sawyer. It will be the work of the association to find a market for the wild rice, and to assure the girls a fair price for their work in harvesting and threshing it.

No Rice: No Indian Dance – Duluth News Tribune of August 30, 1920

Birchwood, Wis. – Indians from the Chippewa Indian reservation 25 miles from here have completed the harvest of wild Indian rice. Ordinarily, when the rice crop is abundant, the Indians hold a war dance here but this year it was suspended because of the few Indians harvesting rice.

Health News

September is Ovarian Cancer Month

Ovarian cancer is rare; however it ranks fifth and accounts for about 3% of cancer deaths among women. A woman's risk of getting ovarian cancer during her lifetime is about 1 in 75. Women with a family history of breast, colorectal or ovarian cancer are at increased risk, as well as those with an inherited predisposition to ovarian cancer.

Unfortunately, there are currently NO screening tests for ovarian cancer.

Signs and symptoms of ovarian cancer

Ovarian cancer may cause several signs and symptoms. Women are more likely to have symptoms if the disease has spread beyond the ovaries, but even early-stage ovarian cancer can cause these symptoms:

The most common symptoms include:

- Bloating
- Pelvic or abdominal pain
- Trouble eating or feeling full quickly
- Urinary symptoms such as urgency (always feeling like you have to go) or frequency (having to go often)
- Changes in bowel habits, such as constipation.

Others symptoms may include:

- Fatigue
- Upset stomach
- Back pain
- Pain during intercourse
- Constipation
- Menstrual changes
- Abdominal swelling with weight loss.

Sources: American Cancer Society www.cancer.org, Center for Disease Control and Prevention (CDC) www.cdc.gov, and

Mayo Clinic www.mayoclinic.org

Resource for information: Minnesota Ovarian Cancer Alliance www.mnovarian.org

Always remember to consult your Healthcare Provider with any questions or concerns.

September is Prostate Cancer Month

Prostate cancer is one of the most common types of cancer in men and the second leading cause of cancer death. There are NO warning signs of early prostate cancer. Most prostate cancers occur in men without a family history of it, however having a dad or a brother with prostate cancer more than doubles a man's risk 1 in 7 men will be diagnosed with prostate cancer during his lifetime.

Risk factors:

Unchangeable are age, race/ethnicity, geographical area and family history.

Things you can do that might lower your risk, such as:

- Eating at least 2½ cups of a wide variety of vegetables and fruits each day.
- Being physically active.
- Staying at a healthy weight.

Symptoms of Prostate Cancer include:

- A frequent need to urinate especially at night
- Difficulty starting or stopping a stream of urine
- A weak or interrupted urinary stream
- Leaking of urine when laughing or

coughing

- Inability to urinate standing up
- A painful or burning sensation during urination or ejaculation
- Blood in urine or semen.

Source: Mayo Clinic www.mayoclinic.org, American Cancer Society www.cancer.org, and www.webmd.com/prostate-cancer

Always remember to consult your Healthcare Provider with any questions or concerns

A message from your Fond du Lac Cancer Prevention Pro

A message from the Fond du Lac Public Health Nurses:

The Minnesota Department of Health has issued statements during the last several weeks regarding the rise in syphilis cases in Minnesota. Higher rates are being reported in several north central counties as well as in the

twin cities metro area. Syphilis is a bacterial sexually transmitted infection caused Treponema pallidum. Without treatment, syphilis, can have severe damage on an individual's body and can pass through the placenta to the fetus of a pregnant woman (this is called congenital syphilis). Minnesota has reported a 110% increase in congenital syphilis cases from 2018 to 2019. It is currently recommended routine/regular

syphilis screening for individuals who are sexually active and for pregnant woman.

If you have any questions regarding syphilis or are looking to get tested- please contact your health care provider.

Miigwech

Sources: Minnesota Department of Health



Community News

Happy Birthday

Wishing our community's resident gardener **Erika** (Sept. 3) the happiest of birthdays. We appreciate your hard work, your generosity, your kindness and willingness to share your knowledge.
From the Wallace/Hagland/Schelert families

Happy number 70 **Ric** (Sept. 7)

Sending birthday wishes all the way to Oklahoma to our little sister, **Juanita Wallace** (Sept. 9), otherwise known as the "Juan" and only. Enjoy all the big and small events of your special day! We love and miss you.
Bonnie and Shirl Girl

Sending birthday wishes all the way to Germany to our niece, **Nancy Schneider** (Sept. 9). Hope you have a great day. We love and miss you.
Auntie Bonnie and Auntie Shirley

Happy 59th birthday to the best dad/grandpa in the world, **Bruce Savage** (Sept. 13)!
Love, Cedar and Adrian

Happy 5th birthday to my sweet boy, **Adrian Savage** (September 14)!
Love, Mom

Happy 14th birthday to our oldest son **Anthony Wright Jr** (Sept. 20). Hope you have the best day

ever son! We love you to the moon and back a trillion times!
Love, Dad and Mom

Happy birthday to **Ryan Barney** (Sept. 27)
From, Nicole and Madison. We love you so much!



I want to say I happy 3rd birthday to **Toretto Northrup** (Sept. 29). I can't not believe how big you became.

And your speech is amazing...
Love always, mom, Zack, Megan, Howard, Haley ,Dylan, Morgan, and Colton

Happy 11th birthday to **Jolana Wise** (Sept. 30)! We love you so much.
Love dad, Jayden, Adrian, and Cedar



Obituary

Jackie Ann Defoe, 27, and her son **Kevin Lee Shabaiash Jr.**, 21 months, passed away at their home in Cloquet on Saturday, March 7, 2020.

Jackie was born in Cloquet on November 13, 1992, to Garrett "Umtiz" Defoe and Tammy Sumi. She grew up on the Fond du Lac Reservation. Jackie overcame many challenges in her young life and was still able to be a devoted mother to

her children Jayden, Jamie and Kevin.

Jackie is survived by her father Garrett "Umtiz" Defoe; Mother Tammy Sumi; sister Courtney Defoe; brothers Adam Greensky, Jamie Defoe, and Robert Dudley; and many cousins and close family. She was preceded in death by her son Kevin Lee Shabaiash Jr., grandparents Roy Sr. and Geraldine Defoe; aunts Roberta Defoe and Cherie Davis; uncles Roy Defoe Jr., Randall Defoe, and Antione Defoe.

Both Jackie and Kevin will be greatly missed by their family and friends and the Fond du Lac community.

Kevin Lee Shabaiash Jr., 21 months, and his mother Jackie Ann Defoe, passed away at their home in Cloquet on Saturday, March 7, 2020.

Kevin was born in Duluth on June 18, 2018 to Jackie Ann Defoe and Kevin Shabaiash Sr. This little man was adored by his parents, his brother and sister, and his extended family.

Kevin is survived by his father Kevin Shabaiash Sr.; brother Jayden and sister Jamie; Grandfather Garrett "Umtiz" Defoe; Grandmother Tammy Suomi; many uncles, aunts and cousins. He was preceded in death by his grandparents Joann Agatha Shabaiash and Dennis Gerald Shabaiash; and Uncle Russell Diver.

Both Jackie and Kevin will be greatly missed by their family and friends and the Fond du Lac community.

A traditional wake for both Jackie and Kevin was held March 14, 2020, at the Sawyer Center, Sawyer, Minnesota. Burial was at Saints Mary and

Joseph Cemetery, Sawyer, Minnesota.



Terry A. Martineau, 72, born on the Fond du Lac Reservation, December 15, 1947 to Francis E. and Eva

M. (Nelson) Martineau, died peacefully, Monday, August 17, 2020 at Essentia Health Hospice/Oncology Unit in Duluth, MN, after a lengthy battle with lung cancer.

Terry was a lifelong Superior resident; he graduated from Superior Senior High School in 1966 and went on to earn his degree in radio mechanics from the Wisconsin Indianhead Technical Institute.

Terry was a Vietnam veteran who served his country honorably in the United States Army. He later worked for Glass Block as a shipping clerk, retiring after thirty-six years of service. He was a member of the Fond du Lac Band of Lake Superior Chippewa; was an avid softball player and a devout Green Bay Packer and Milwaukee Brewers fan.

Terry was known, respected, and loved by many, and known as a gentle loving soul to all that crossed his path. He will be missed by many and never forgotten.

He is survived by his long-time wife and mother of his children, Linda (Daugherty) Martineau; daughters, Cara (Kris) Schaeffer, and Christie Martineau, all of Superior; son, Shan (Jenny Ruddy) Martineau, Superior, WI; grandchildren, Heather, Alicia, Jalice, Jason, Isaac, Jaydon, Caleb,

and Hunter; and great-grandchildren, Jason Jr., Haydon, and Aphrodite; brothers, Kerry (Lynn) and Perry Martineau; and many nieces and nephews. He is preceded in death by his daughter, Tina Johanson-Martineau; parents; sister, Caroline Shelafoe; and brothers, Gary, Larry, and Jerry Martineau.

The family would like to thank the Essentia Health staff and a special thanks to his niece, Della Rae Durfee for watching over him as his nurse and guiding him into the spirit world.

A Celebration of Terry's Life and a Time of Remembrance was held August 21, 2020 at the Lenroot-Maetzold Funeral Home

The Lenroot-Maetzold Funeral Home is assisting the family with arrangements. To leave a condolence or sign the guestbook, please visit our website at www.lenroot-maetzold.com.

Denise J. Heinzer, age 61, of Marble, MN passed away Wednesday, March 18, 2020 at St. Mary's Medical Center, Duluth, MN.

Denise was born in 1958 to Dennis and Betty Nason in Los Angeles, CA. She moved to Minnesota, at the age of 17, where she met her husband, Fred Heinzer. They were married on December 31, 1982. Fred and Denise made their home in Grand Rapids, MN. Denise worked for the Bug-O-Nay-Ge-Shig School, doing many different jobs there. Denise also worked for MDI until she was not able to work further. Denise loved being with her family and dogs. She liked to crochet and was a mother to many people

Community News

Preceded in death by her grandparents; father, Dennis Nason; brothers, Denny and Greg Nason; sisters, Julia Lightfoot, Sheri Nason; one granddaughter, Arianna Nason and nephews.

Denise is survived by her husband, Fred; children, Angelina (Chad) Vanderlinde of Bovey, MN, Joseph (Elysa) Nason of La Grande, OR, Thomas (Misty Childs) Heinzer of Hill City, MN; Adam (TahSheena) Nason of Deer River, MN; stepdaughter, Corena (Joe) McIntyre; sister, JoAnn Herrera of Hibbing, MN, Aprille Nason of Keene, NH; brother, Jim (Lois) Nason of Grand Rapids, MN; 26 grandchildren; and two great grandchildren.



Terrance Philip Hausladen

born July 5th 1966 age 54. Terry passed away on July 9th very suddenly of a brain aneurism. He

was a wonderful person inside and out. He worked hard to take care of everyone before himself. He didn't suffer. Terry will be missed terribly, but he will always be a free spirit. He is now on his new journey with his higher power and will continue to watch over everyone he loved. We were planning on getting married in the fall and had a lot of plans for our future. I will miss him terribly. He was my whole world. Please say a prayer for Terry on his wonderful new journey.

FDL job listings

FT: Full Time PT: Part Time

For more information about any of these permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/PT
- Store Clerk FDLGG PT

- Convenience Store Gas Attendant FDLGG PT

Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
 - Cook I FT
 - Cook II FT
 - Cook III FT
 - Beverage Server FT/PT
 - Groundskeeper FT
 - Buffet Runner FT
 - Table Games Dealer PT
 - Vault Cashier FT/PT
 - Bus Person FT/PT
 - Gift Shop Clerk FT
 - Buffet Host/Hostess FT/PT
 - Golf Course Groundskeeper FT/PT Seasonal
 - Steward FT
 - Arcade Attendant PT
 - Golf Pro Shop Sales Rep PT
 - Golf Ranger/Starter FT/PT Seasonal
 - Golf Concession Sales Rep FT/PT Seasonal
 - Golf Cart Attendant PT
 - Slot Attendant FT
 - Custodial Associate FT
 - Bell Staff PT
 - Sage Deli Cook FT
 - Bingo Vendor/Floor Worker PT
 - Players Club Representative PT
 - Restaurant Wait Staff FT/PT
 - Hotel Laundry Worker/Hauler FT
 - Hotel Room Attendant/Housekeeper FT/PT
 - Drop Team Worker FT
- ### Fond-du-Luth
- Security Guard/Dispatch FT
 - Janitor FT/PT
 - Clean up Worker FT/PT
 - Beverage Waitperson/Bartender FT/PT

- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT

- FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/Sub

Would you like to work from home?

Do you enjoy working with children?

Have you or are you willing to take classes regarding child development?

Fond du Lac Reservation Child Care Services is accepting applications for Native American child care providers residing on FDL Reservation.

For more information, please call 218-878-2138.

* Complete Application Package & Home Study *
* Pass Background Check *

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department

Election News



FOND DU LAC RESERVATION

GENERAL ELECTION
AUGUST 18, 2020

CHAIRMAN	DISTRICT I (CLOQUET)	DISTRICT II (SAWYER)	DISTRICT III (BROOKSTON)	ABSENTEE	TOTALS	%
BRYAN (BEAR) BOSTO	85	40	29	101	255	30.72%
KEVIN R. DUPUIS, SR. (INCUMBENT)	214	49	55	257	575	69.28%
TOTALS	299	89	84	358	830	100.00%

DISTRICT I COMMITTEEPERSON	DISTRICT I (CLOQUET)	ABSENTEE	TOTALS	%
JEROAM DEFOE	150	82	232	40.21%
WALLY DUPUIS (INCUMBENT)	149	196	345	59.79%
TOTALS	299	278	577	100.00%

VOTER PARTICIPATION			
STATISTICS BY DISTRICT	ELIGIBLE VOTERS	PARTICIPATING VOTERS	% VOTING
DISTRICT I (CLOQUET)	↓	301	8.75%
DISTRICT II (SAWYER)		89	2.59%
DISTRICT III (BROOKSTON)		84	2.44%
ABSENTEE		363	10.55%
TOTALS	3440	837	24.33%

CERTIFICATION

We, the undersigned election officials of the Fond Du Lac Reservation, do hereby certify the above to be a true and accurate abstract of the votes cast in the General Election held on Tuesday, August 18, 2020. We further certify that said election was held in accordance with the rules and regulations of the Minnesota Chippewa Tribe and Election Ordinance # 10

Naomi Northrup
ELECTION CHAIRMAN

Shawn B.
ELECTION TELLER

Lorraine Houle
ELECTION CLERK

Sheng & Lopez
ALTERNATE