

# Nagaajiwanaang DibaaJimowinan

Stories from where the water stops

## FDL girls' basketball team overcomes challenges to finish strong

Captains are (#12) Raina Shabaiash, (#13) Tiara Shabaiash and (#1) Natalea Reynolds. Front row left to right #2 Aiyana Smith, #10 Layla Misquadace, #11 Sadie Buckanaga, and #20 Persais Paguio. Back row left to right, #3 Margaret Sumner, #1 Natalea Reynolds, #23 Migizi Newcomb, #12 Raina Shabaiash, #13 Tiara Shabaiash, #22 Wabagheezhigikwe Sandman-Shelifoe.



Local News . . . . .2-3

RBC Thoughts . . . . .3

School News . . . . .4-5

State of the Band . . . . .6-7

Etc. . . . . 8-10

Election Coverage . . . . .11-15

Health News . . . . . 16-17

Community News . . . . . 18-19

Calendar . . . . . 20

Presort Std  
U.S. Postage  
PAID  
Permit #155  
Cloquet, MN  
55720

1720 BIG LAKE RD.  
CLOQUET, MN 55720  
CHANGE SERVICE REQUESTED

# Local News

## Tribal leaders attend President Biden speech in Superior, Wisc.

By Zachary N. Dunaiski

Fond du Lac Chairman Kevin Dupuis, Sr., and elected officials from Bad River Band of Lake Superior Chippewa and Red Cliff Band of Lake Superior, were in attendance at Earth Rider Brewery in Superior, Wisc. when President Biden spoke to a small gathering Jan. 25.

Before President Biden spoke, other area officials spoke touting the great significant impact that fixing the Blatnik bridge will have on the area's economy.

But with the Hwy 23 project that happened seven years ago, there are concerns about how this project will be handled. On the Minnesota side, things have been very well established, but there may still be cause for concern on the Wisconsin side.

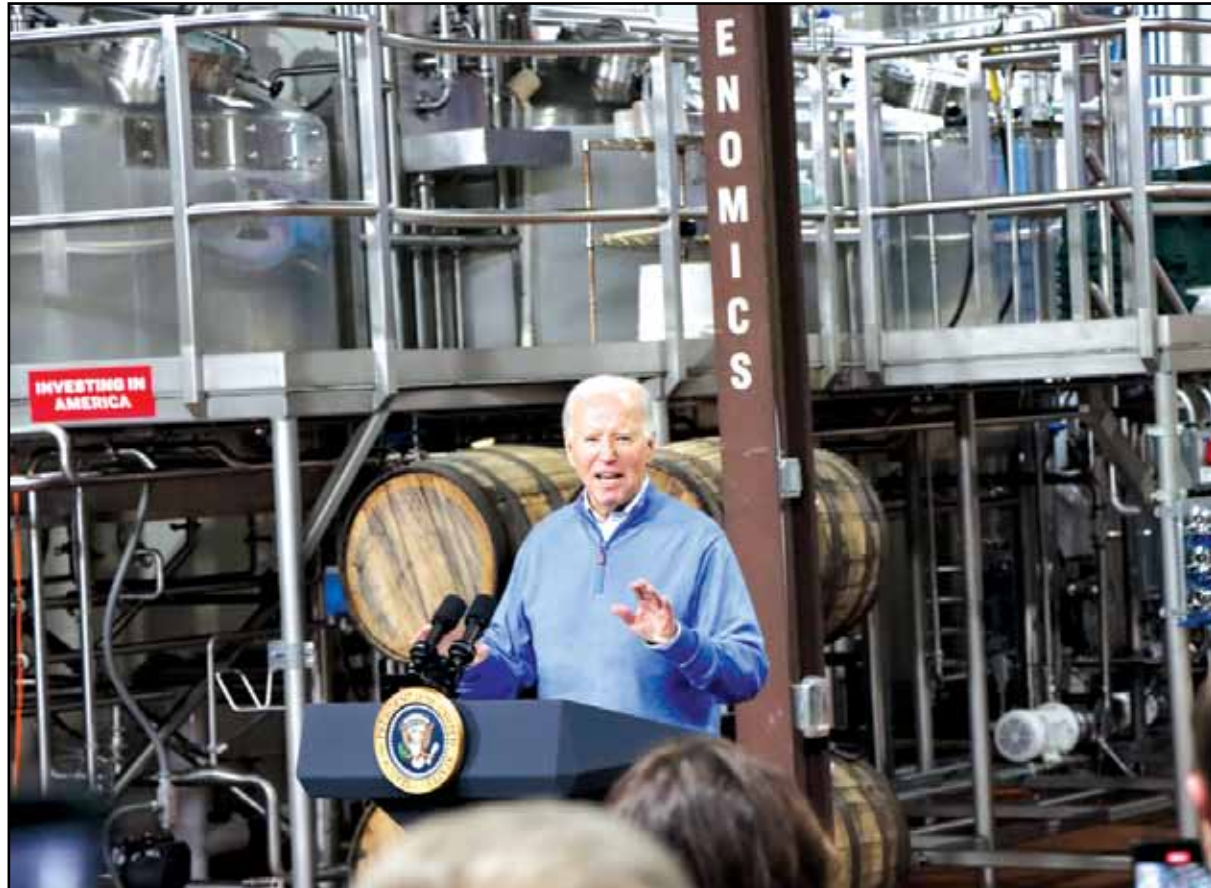
"From our level there are steps being taken, I think we can clarify what steps are going to be made to ensure this is part of it, what we're working with on the Minnesota side of it with MnDOT and what the work is going to be done with WisDOT on Wisconsin side," Chairman Dupuis said of the plans with the Blatnik bridge. "I'm not going to say we're in the infant stage on this because the money has been there. Chang-

ing the wording of what they call 'an unanticipated discovery' to changing the meaning or wording. If we know where we're sitting at the largest culture corridor in the region, we know that there's more than four sites, that we know of, and probably more burial places, wouldn't we use this as a high probability on the other side instead of unanticipated discovery?"

With many different Tribes living in this area for thousands of years, changing the wording to "high probability" seems to best fit working in this area.

Many people will think that the Chairman and the other members of the Fond du Lac Council want to stop this project, but as the Chairman stated, that is not at all what Fond du Lac wants to do.

"There's part of it where we need to maintain on the government side, because we don't want to stop anything. That's what I want everybody to know. We don't want to stop anything because we know that when you stop something that affects families, it affects communities, and it affects the economy. But let's do the work to ensure that it doesn't get stopped," Chairman Dupuis said of making sure that once work begins it can continue smoothly since all of the prework



will have already been done at the site.

These preplanned strategies that the Chairman urged for may seem like a meticulous approach to the project, but ensuring that every

phase is conducted correctly will help prevent mid-project setbacks.

While acknowledging the challenges ahead, Chairman Dupuis continues to express optimism that a collective effort and strate-

gic plan will lead to a successful and culturally sensitive completion of the Blatnik Bridge project, benefitting both Minnesota and Wisconsin communities.

### Nagaajiwanaang Dibaajimowinan

Translation: Stories from where the water stops

#### TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts .....	3
School News.....	4-5
State of the Band .....	6-7
Etc .....	8-10
Election Coverage .....	11-15
Health News.....	16-17
Community News .....	18-19
Calendar .....	20

Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to: Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski zacharydunaiski@fdlrez.com • (218) 878-2682

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not publish editorials,

opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

# Local News

# RBC Thoughts

## FDL girls' basketball team prepares for the playoffs

By Zachary N. Dunaiski

After a tumultuous start to the season where games were even cancelled, the Fond du Lac girls' basketball team has come on strong to finish off the year. The team has rallied behind new head coach Tasheana Rule-Garcia and is poised for success heading into the playoffs.

"We lost a few players, some good players too, but it's been going fine, and I love playing with my team,"

The team's captain, Raina Shabaiash, a junior, said, expressing her optimism about the season's progression. The team had played seven games at the time of the interview, with four more to go and playoffs which will get underway at the beginning of March.

With a roster of ten dedicated individuals, the FDL girls' basketball team

is predominantly composed of underclassmen. Despite their youth, the team has rallied behind one another and that camaraderie and positive attitude has been key to the team's success.

"The team is small, so it's easy to get to know each other and enjoy each other's company," Shabaiash added of the team's hard work and commitment to each other this season.

For some, playing the game is the

most important part of being on a team, but for these girls, it's a chance to wear the Fond du Lac name with pride.

"I like being a part of something and making new friends and then representing my school," Waba Sandman-Shelifoe, freshman and second year player, said about what makes her proud to walk out onto the court with her teammates.

The girls' team also has a few new players and for those coming in with-

out any prior involvement, this season has been a great opportunity for the players to connect with their teammates.

"For my first time being on the team, this has been a great experience, getting to know my teammates," Layla Misquadace, sophomore, said of what she enjoys so much about her team. "Learning team work with them. They've been there for

the highs and lows of our season. And generally just playing with them."

These three girls also received individual accolades, with notable performances in recent games. Shabaiash highlighted a standout moment when she scored 24 points in the game against Bug-O-Nay-Ge-Shig Feb. 2, contributing significantly to their victory. Defensively, Sandman-Shelifoe was recognized for outstanding defense, stop-

ping the opposing team from scoring crucial points. Additionally, Shabaiash also received a certificate for outstanding 3-point shooting. Natalea Reynolds, Persais Paguio, and Margaret Sumner were also awarded with certificates as well for their outstanding performances this year.

"I like the way we have been communicating as a team and then we play good defense and that boosts our confidence and we play better offense as a team," Natalea Reynolds, another FDL girls' basketball captain, said of why their team has had so much success this season.

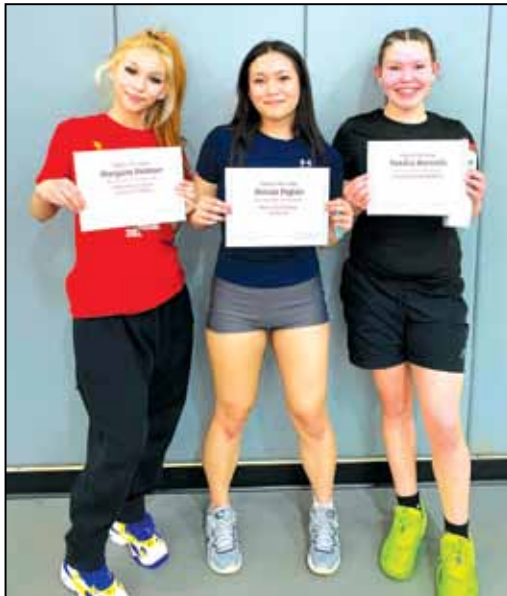
The playoffs, which start in March, are going to be a very exciting time for these girls. While the season started slow, the team truly believes they've learned a lot overcoming that adversity and are excited for the possibilities that the playoffs can bring.

"I can't really predict anything but I believe in my teammates and I think that they're all going to work really hard and play their best," Misquadace said of their team's chances in the playoffs. "We're all getting in that mindset and to where we actually believe in ourselves and that the games are going to go well—no matter how we do."

The girls' have had a lot of success this season because of their determination, something that Coach Rule-Garcia noticed.

"I am so proud of how hard they have worked and how far they have come as a team," Rule-Garcia said of her players that she has watched them overcome their early season challenges.

Despite those initial challenges, the team has shown resilience and improvement, a testament to the dedication of the players that make this team so dynamic. As the girls gear up for the playoffs, the team is determined to make a lasting impact and continue their impressive season.



Left to right: Margaret Sumner (Outstanding defense), Persais Paguio (Outstanding assists), and Natalea Reynolds (Outstanding ball handling) pose with their hard earned certificates.

## Cloquet News

Hello all

Our Cloquet Community Center has been busy, along with their regular programming, they now have a new teen room. Through their hard work and commitment they have transformed the old library into the new teen room. This will allow activities for specific age groups and will also allow for some separation amongst the youth activities. This teen room will have activities such as pool tables and computer games as well as a snack bar. This teen room will also be open for adults during school hours. The staff will be monitoring the activities closely and making any adjustments or adding different activities to the schedule to make the best possible experiences for the use of this space.

Our Fond du Lac Elders Concern Group will be having a group cultural trip on April 20, 2024. Sign up for the event will run from February 16, through March 22, the group has scheduled activities throughout the trip. Please contact Mary Barrett at (715) 409-0054, Catherine Follett (218) 349-7109, or Loretta Reynolds at (218) 879-4593, for more information or to sign up.

On February 21, the Fond du Lac police department will be holding a community feast at Anishinaabewigamig Language and Cultural Center from 4-6:30 p.m. They will be serving chili, bread, cake, and refreshments. Please feel free to join them in this community event.

Fond du Lac has received funding from the Dept. of Treasury to administer a home owner assistance program called HAF program at FDL. This program can assist with mortgages, utilities, internet expenses, property taxes, insurance, and/or HOA fees for Tribal members. This is for Tribal members both on and off the Reservation. This program can also help with some home repairs upon qualifications. Please call the tribal center, (218) 879-4593, to receive an application or to get more information.

As always, please feel free to contact me any time by phone (218) 878-8078 or email, wallydupuis@fdlrez.com



Wally Dupuis

# School News

## Superintendent News

**B**oozhoo Families, We are now half way through the school year. With a few major changes and challenges we have made it this far; I am grateful for you all understanding and supporting the changes we have made. The metal detector process and procedures had a few issues but now run smoothly. We not only use the metal detectors for the students at the beginning of every school day, we also use them for basketball games and community events. I appreciate your patience with this change.

This year we held Anishinaabe Quiz Bowl here at the school. We had nine participating teams. We currently have two teams at the Ojibwe School that will be participating in the upcoming Anishinaabe Quiz Bowl in Walker in March. We have taken home one second place trophy this year. Miigwech to the coaches and students who participate in this important competition. Your time and effort put into language and culture does not go unnoticed!

One of the challenges we've faced this year is not having enough Special Education teachers at the school. This issue seems to be nationwide. We have posted several times for Special Education teachers and have not had any applicants. We have recently asked to be a part of the Northern Lights Cooperative and we are waiting to hear if they can accommodate our needs. This is frustrating for us and I am sure for those families who are on a waiting list for admission to the school. I apologize for this inconvenience and I want you to know we are trying to solve this issue. It may take some time.

It is an uphill climb coming out of pandemic times and there are huge adjustments we are all mak-

ing. Attendance in school is one of the adjustments that have been on our radar. It is important that your child be in school and be ready to learn. There have been a number of referrals to truancy court this year and we want families to let us know how we can help them with getting to school everyday.

We are very fortunate to have Officer Paro in our building as our School Resource Officer. He has been a helpful part of our team at the Ojibwe School. He has connections with most of our students and is a member of our community. This really helps when it comes to our students. Officer Paro has presented topics to our staff and our students and takes care of daily issues and concerns staff and students have.

Legislation has passed the Indigenous Education for All Act. The state of Minnesota has allotted Fond du Lac Reservation \$50,000 to gather information from our people on what we want public schools in Minnesota to know about us here at Fond du Lac Reservation, our history, our language, and our culture. If you are interested in being a part of this group I will have more information coming soon.

I have recently been appointed the Tribal Nations Education Committee representative for Fond du Lac Reservation. I will be attending TNEC meetings and setting up tribal consultations with other school districts. This appointment will require me to travel around Minnesota to other schools and Reservations.

Please feel free to call or email me if you have questions, concerns or comments. I want our school to be the best option for our community and our students!

Tara Dupuis



*Ms. Dawn explaining to students why we are having the Wiikonge. We feast our clan and the baby cubs born at this time of year.*



*Feasting the Makoonz (bear cubs) with favorite foods! Giigoo, amoo ziinzibaakwad, miinan. (Salmon, honey, berries, bread).*

## FDLOS School Nutrition Program

The Ojibwe School cafeteria has had a successful first half of the school year. The students are enjoying many fresh and locally sourced food items offered on the daily fruit and vegetable bar. We also continue to serve culturally relevant menu items throughout each month. To celebrate Native American Heritage Month in November, the students were served chicken wild rice soup, fried walleye with wild rice, ground venison nachos, bison wild rice

meatballs, Hawaiian BBQ chicken, chicken pozole soup, and 3 Sisters chili. In March, we will be doing March Menu Madness! Students will be able to vote daily between two commonly served entrees to determine the student's favorite meal!

The Fond du Lac Ojibwe School Harvest of the Month Team has had several opportunities to share their presentation on incorporating culturally relevant foods in the school cafeteria. They shared their experience at the Minnesota Harvest of the Month state-wide meeting in October and the USDA

Food Nutrition Programs Midwest Regional Office in December. Also in December, the Institute for Agriculture & Trade Policy visited the Ojibwe School as they will be writing a Farm to School Spotlight article about our Farm to School and overall School Nutrition Program. The team also presented at the 13 Moons Gichi Manidoo Giizis Sustainable Agriculture and Natural Resources Conference in January. At the end of February, they will be presenting, via Zoom, at the USDA bi-annual Midwest Region Tribal Leaders Sharing Meeting.



# School News

## FDLOS Phy Ed wrestles

It was an engaging and physical day in Phy. Ed Wednesday, Jan. 17. Cloquet Area Youth Wrestling Association rolled out the mats and taught Mr. Berger's K-6 students the fundamentals of wrestling. John Elias and his son Andy taught the basics of stance, rules, and moves. The students wasted no time to lock up and grapple!

Wrestling can be a co-ed activity in the younger years. CAYWA provides practice and meet opportunities for all that are interested, and numerous FDL students have signed up to participate. For those who stick with it, the chance to compete at the high school level is possible. Cloquet HS offers wrestling as a MSHSL sanctioned extra-curricular activity.

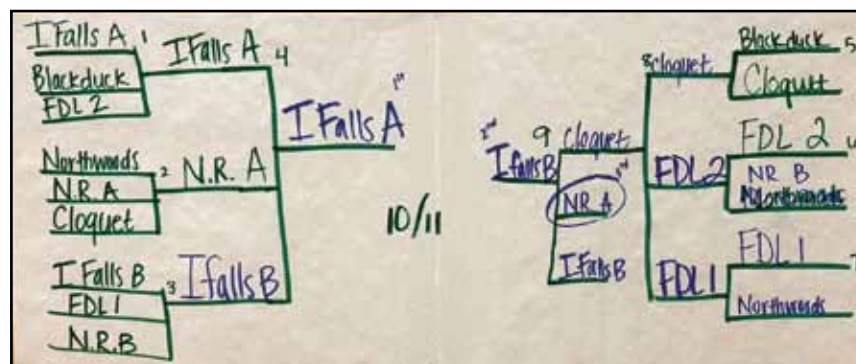


## FDL Ojibwe School Quiz Bowl Competition

On Jan. 12 the Fond du Lac Ojibwe School hosted its first Quiz Bowl competition in a decade. We had nine teams competing in this competition. Our students did a great job representing our school, our language and culture. International Falls Team A took 1st place, International Falls Team B took 2nd place, and Northland Reamer took 3rd place.

We would like to say miigwech to everyone who helped make this competition possible, but also to everyone who donated for prize drawings. Miigwech families for your time and support for your students and allowing them to compete. We are looking forward to next years competition.

Quiz Bowl Coaches



## Fond du Lac Ojibwe School Honor Roll

### Quarter 1

A Honor Roll	Grade	GPA
Janice Blacketter	10	4.00
Genevieve Lees	7	4.00
Shelden Misquadace	12	4.00
Raina Shabaiaash	11	3.945
Tiara Shabaiaash	11	3.945
Joanna St John Shabaiaash	10	3.945

### B Honor Roll

Eleanor Ammesmaki	7	3.445
Savanna Bosto	12	3.665
Jeffery Defoe	12	3.668
Savannah Defoe	10	3.445
Willie Diggs	10	3.223
Greenlee Fineday	9	3.477
Sunshynne Greensky	7	3.557
Charles Lumbar	12	3.268
Migizi Minwabi Newcomb	8	3.333
Emeliana Olson	10	3.00
Jaimie Petite	9	3.43
Wabagheezhigikwe		
Sandman-Shelifoe	9	3.619
Bella Suttan	9	3.144
Joseph Wichern	11	3.335

## Fond du Lac Ojibwe School Honor Roll

### Quarter 2

A Honor Roll	Grade	GPA
Janice Blacketter	10	3.945
Savanna Bosto	12	4.00
Greenlee Fineday	9	3.857
Shelden Misquadace	12	3.918
Cheyenne Olson	12	4.00
Raina Shabaiaash	11	3.89
Tiara Shabaiaash	11	3.778
<b>B Honor Roll</b>		
Eleanor Ammesmaki	7	3.524
Merlin Deegan	9	3.333
Jeffery Defoe	12	3.068
Nakia Drift	10	3.553
Sunshynne Greensky	7	3.049
Cash Herrera	12	3.085
Rhyenn Kesner	8	3.445
Wicahpi Medicine	12	3.665
Josiah Menard	9	3.19
Layla Misquadace	10	3.333
Jaimie Petite	9	3.619
Wabagheezhigikwe		
Sandman-Shelifoe	9	3.287
Joanna St John Shabaiaash	10	3.055
Jacob Tiessen	7	3.571
James Wichern	12	3.50
Joseph Wichern	11	3.278
Gordon Yellow	10	3.445

# State of the Band

## FDL's State of the Band address: a year of triumphs

By Zachary N. Dunaiski

The Fond du Lac Band of Lake Superior Chippewa held its State of the Band address Feb. 16 at the Black Bear Casino Resort's Otter Creek Convention Center to a room full of interested Band members, community members, and state and other public officials, providing an overview of the achievements and challenges faced within our community in 2023. The event was marked by a sense of optimism and gratitude, with leaders of the Fond du Lac Community acknowledging the contributions of Band members, FDL employees, the success of various projects, and the ongoing commitment to preserving the Band's cultural heritage.

Roger Smith, Sr., District III Representative for the Brookston District, covering the northern half of Fond du Lac within Saint Louis County, opened the address by extending a warm welcome to all Band members, emphasizing the importance of community co-

hesion. As vice-chair he expressed awe at the talent displayed by the young members of the school band, not forgetting to mention those in the drum groups also.

Smith spoke passionately about the importance of passing on traditions to the next generation and the reassurance that the youth would carry them forward. The mention of their accomplishments in music and dance set a positive tone for the address, suggesting a promising future for Fond du Lac.

"When I hear things like that, I reflect and think that we're going to be okay," Smith, Sr. said after hearing the music the band played and the drum groups performances. "They got us and they're going to carry on our traditions and things like that for Fond du Lac. And to see the little ones out here dancing and representing Fond du Lac is simply amazing."

Smith also highlighted the successful completion of the regional water project within the Brookston district, ensuring that households in the area now have access to the best water in north-

east Minnesota. The project also introduced a vital water supply system for fire protection in rural areas, showcasing the Band's commitment to the well-being of its members.

Acknowledgment was given to the dedicated staff in various divisions responsible for the success of the water project, including public works managers, water managers, and wastewater operators. Smith expressed gratitude for their expertise and efficiency, with special mention of a visit from the IHS Director, who was impressed by the Band's water treatment plant.

"These folks are amazing at what they do and their knowledge and operations of the water treatment plant is simply amazing," Smith said of those who worked tirelessly to bring clean water to his district. "Earlier this last year, we had the director of IHS come to Fond du Lac and there was a specific reason why she came here. It was the tour of our water treatment plant and the tour that these folks gave, blew her away.

And when she looked at it, she asked 'How did you folks do this and how can they replicate that through all Indian country?'"

The State of the Band also featured an historic victory for Fond du Lac, but it wasn't just FDL's victory it was a victory for all of Indian Country. The Band successfully opposed a global mining conglomerate, PolyMet, preventing the potential threat to the water quality and resources of the Band and many others in the watershed. Notably, Fond du Lac became the first Tribe ever to have an Army Corps of Engineers permit revoked due to concerns about wastewater violating advanced water quality standards.

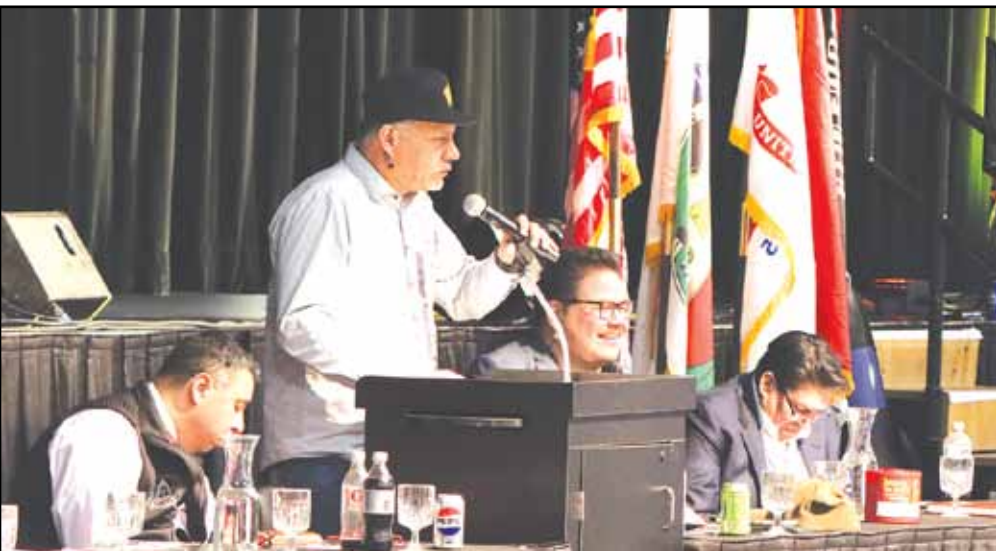
"These were huge and historic victories for all of Indian country," Smith, Sr. said of protecting our waters for current and future generations. "We simply did not have this success without staff of resource management, our legal division, and our outside counsel."

Further victories were achieved at the Minnesota Supreme Court,

ruling against the Minnesota Pollution Control Agency's decision, reinforcing the importance of environmental protection. The Band emphasized its stand against irresponsible mining that could negatively impact natural resources and water quality standards.

Addressing the challenges faced in the coming year, Rob Abramowski, Secretary/Treasurer highlighted the Band's commitment to a transitional approach, seeking different perspectives and community input in decision-making processes. A particular focus for the year ahead will be addressing homelessness and addiction simultaneously, showcasing a dedication to social issues that affect community members directly.

"My main thing that I'd really look forward to working on this year is the homelessness problem and addiction. So I made them both go hand-in-hand and those are things that kind of need to be worked on simultaneously," Abramowski said during the event of what his main focus in 2024



Chairman Kevin Dupuis



Brookston Representative Roger Smith Sr.

# State of the Band

has and will be. “We are taking steps to do some one and two bedroom homes with some of the remaining funding that we have for housing but also the housing grant itself. So we can lessen some of the hurdles and help people to come out of homelessness and try to make it an easier transition. Then also give them a amount of time to kind of get things together where it actually is a transition and they kind of get to a point where they can get a job and get to a point where they are in a good place.”

Abramowski also spoke about the completion of the wage study, coupled with a reinvestment of approximately \$11 million into the Fond du Lac workforce, an effort to help bring in and retain the best and most talented individuals in the workforce today. While acknowledging ongoing challenges, the secretary expressed optimism about the future, citing increased hiring and a commitment to addressing policy nuances.

Abramowski, who saw positives in the financials for the 2023 year also discussed wanting to diversify Fond du Lac’s income streams and not rely so heavily on gaming, which is why he addressed the Band venturing into cannabis facilities and exploring opportunities in that realm.

“And we’re going to be doing a pro-operation and probably retail and possibly manufacturing,” Abramowski said about FDL’s ventures into cannabis production. “It looks pretty promising too. So we’ll be really diversified in a way that something that we could compete competitively with, with gaming as well. Even though you know some of the numbers really do look promising. I think it’s definitely a risk we can take. I was apprehensive at first because I didn’t know how that’s all going

to affect our kids. And you know, what kind of message would that send? But in a way, we were kind of forced into it, because if we didn’t do it somebody else would and we needed to take advantage of that.”

This calculated risk, though initially met with apprehension, reflects a forward-looking approach to securing the Band’s financial future while ac-

knowledging changing priorities in the wake of the pandemic.

The secretary underscored the Band’s commitment to supporting family members and businesses through opportunities, infrastructure development, and proactive engagement. Projects such as the Event Center expansion and property acquisition showcase a strategic approach to community growth beyond the gaming sector.

A master plan concept, developed in collaboration with planning staff, which offers a glimpse into a forward-looking, diversified future for the community. Encouraging community input, the secretary emphasized the importance of aligning development initiatives with the desires of the residents.

With so much already said by the other members of the Council, Kevin Dupuis, Sr., Fond du Lac

Chairman, spoke strongly about the Band and what he sees as significant concern.

With retirees leaving and transitions in other positions occurring, the Chairman is concerned about losing valuable knowledge and experience that these long-term FDL employees take with them before passing on their knowledge.

“What they take with them is institutional memory that sometimes we can’t harness or find ways to harness that. It’s important things that need to be done. And so it’s really important. I need to take a look at how

we’re going to harness that information, that institutional memory that they walk out the door with,” Chairman Dupuis stressed about how Fond du Lac has many employees with years of service that we can’t afford to lose. “Because it’s history. They created something for the Band, it doesn’t matter what administration it was or who they worked for, everything that moves forward and we’re going to change administration, we’re going to have new elections. You can have new people sit in, but the Band has always started from here and we’re here picking up where other people have left off on the administrative side. But the one thing that we have attached from administration to administration is the institutional memory.”

Chairman Dupuis stressed the importance of finding ways to harness this institutional memory for the benefit of the community, as it holds the history and vital information that transcends different generations.

Many of Fond du Lac’s successes over the years wouldn’t be possible without the help from others,

and Chairman Dupuis acknowledged that, thanking city, state, and federal officials and many others who were in attendance.

“So when you look around, some may ask, ‘why are there other people in the room?’ I have to say, because we have partners that have helped us fight battles for Fond du Lac and I don’t know if everybody understands that,” Chairman Dupuis stated before thanking many in attendance including Jim Paine, Superior, Wisc. Mayor, Jenny Van Sickle, Superior City Councilor, and several who weren’t there including Betty McCollum, Congresswoman, Senator Amy Klobuchar, Senator Tina Smith, and other local elected officials.

Despite the difficulties Fond du Lac has overcome during the pandemic, our elected officials remained optimistic about the Band’s future, encouraging positive choices and collective efforts for the benefit of all. As Fond du Lac continues on its upward trajectory, the community can anticipate a future guided by careful decision-making, inclusivity, and a commitment to positive change.



Secretary Treasurer Rob Abramowski



# Etc

## Time Management

Do you ever look at the clock and wonder “where has the time gone?” Or look at your desk and think “I am never going to catch up!” How many times have you wished there were more hours in the day?

Time management is a buzzword in the workplace, in schools, even within our homes. It is a way of managing our time so that we are able to have a work/life balance and helps you get done what is needed and still be able to recharge.

The benefits of managing time are simple.

1. It allows you to accomplish bigger results in a shorter period so you have more “freedom”
2. Helps you focus better
3. Allows you to be more productive
4. Lowers your stress levels and gives you more time to spend with those that matter the most
5. Consider your time the same as money – spend it well.

## Energy Assistance On-Line Application

The Department of Commerce has launched a new on-line application for Energy Assistance. It allows applicants to get their application directly to the EA office without worrying about postage or forgetting to drop it off. Applicants will be asked to have a user’s name and a password. You will still need the same information such as Social Security numbers, dates of birth, and account numbers. You will also need to upload income information from the prior month. You can still do a paper application if you wish.

The on-line application can be found on the FDL webpage. [fdlrez.com/commservices/energyassist.htm](https://fdlrez.com/commservices/energyassist.htm)

Currently we are accepting applications from any FDL Band member who lives in the state of MN and hasn’t already applied at FDL or another agency. For a family of four the prior month’s income must be under \$5,235. For more information, contact Joan at (218) 878-2658.

## "Misdemeanor Dream" with Spiderwoman Theater Northland Residency, February 27 – March 2

Fond du Lac Tribal and Community College (FDLTCC) is excited to welcome Spiderwoman Theater for a 5-day residency, February 27 – March 2. The residency includes two performances of Spiderwoman Theater’s latest multidisciplinary performance, “Misdemeanor Dream,” at Cloquet High School’s state-of-the-art 500-seat auditorium on Friday, March 1, and Saturday, March 2. More information about the residency is available at <https://link.fdlccc.edu/MisdemeanorDream>.

The legendary Indigenous-feminist theatre company, Spiderwoman Theater, is bringing its 16-member ensemble to the Northland for a 5-day residency hosted by FDLTCC (in partnership with Northland College in Ashland, WI). The residency includes a Welcome Feast at Northland College; a Storyweaving Workshop for Native theater (invite only); and a Lecture-Demonstration for students and educators. All community events during the residency are free to attend. More information on the community events can be found at <https://link.fdlccc.edu/MisdemeanorDream>. For more information on the Storyweaving Workshop, contact [sequoia.hauck@gmail.com](mailto:sequoia.hauck@gmail.com).

## About “Misdemeanor Dream”

Spanning inter-woven disciplines, and exploring the realms of Indigenous story, magic, interrupted dreams and lost languages, “Misdemeanor Dream” was developed in partnership with Aanmitaagzi Storymakers in Nipissing First Nation in Ontario, and Loose Change Productions in New York.

“Misdemeanor Dream’s” co-creators and Storyweaving Team Leaders are Spiderwoman Theater’s 2024 United States Artists Fellow, director Muriel Miguel; choreographer Penny Couchie (co-Artistic Director of Aanmitaagzi, and a 2023 Ontario Arts Council Indigenous Arts Award recipient); and Voice Choreographer Imelda Villalon.

“Misdemeanor Dream” is written and created by the all-Native ensemble: Sid Bobb, Penny Couchie, Animikiikwe Couchie-Waukey, Lisa Cromarty, Donna Couteau, Sharon Day, the late Tyree Giroux, Wolfen de Castro, Niigaanipines, Marjolaine Mckenzie, Gloria Miguel, Darylina Powderface, Chingwe Pdraig Sullivan, Henu Josephine Tarrant, and Imelda Villalon.

Tickets for the productions of Misdemeanor Dream can be purchased at <https://tempotickets.com/MisdemeanorDream>. Tickets are \$25 each with 20% off for orders of 4 or more. Both performances are general admission seating, and start at 7:00pm at Cloquet High School.

## About Spiderwoman Theater

Hailed by the Public Theater artistic director Oskar Eustis as “one of the most influential Native theatre companies in the history of the country,” Spiderwoman Theater continues to develop its urban-Indigenous performance practice, while making deeply activist forays into gender roles, cultural stereotypes, and family

relationships.

Succeeding generations of Downtown theater artists like Split Britches, Bloodlips, Taylor Mac and the Colorado Sisters have cited Spiderwoman as a formative influence.

Spiderwoman grew out of the urban Native community centered in Brooklyn in the 1950s. In addition to their experimental and activist focuses, they have emphasized the importance of interconnectivity among Indigenous communities across the globe. Spiderwoman elders Muriel and Gloria Miguel are from the Kuna and Rappahannock nations.

Choreographer Penny Couchie is Anishinaabe, while the vocal choreographer Imelda Villalon is from the Ilokano people of the Phillipines. For more information about Spiderwoman Theater visit [www.spiderwomantheater.org](http://www.spiderwomantheater.org) or contact Beck Lee at 516-641-398 or [beckleedrama@gmail.com](mailto:beckleedrama@gmail.com). “Misdemeanor Dream” is dedicated to Kevin Tarrant and company member Tyree Giroux, who both were lost during the pandemic.

## Wood Stoves: Burning Wood Efficiently and Safely

Many are familiar with the presence of wood stoves in homes and cabins. A crackling ishkode (fire) can be a comforting heat source in the home, or maybe an occasional treat as a back up to other primary heating systems on cold winter days. However, it’s very important to maintain wood stoves and fuels properly for the health of you and your loved ones!

Smoke from burning wood is a mixture of unhealthy gasses and fine particles. Some of these gasses include benzene, formaldehyde, acrolein, and polycyclic

aromatic hydrocarbons. Fine particles, also known as particulate matter, can also be harmful to our health, and should be moderated when possible. Increased exposure to particle pollution can have negative health impacts on your cardiovascular system (increasing risk of heart attack and stroke) and respiratory system (aggravating lung disease or triggering asthma attacks). Particulate Matter is an air quality pollutant that Fond du Lac continuously monitors for; you can see what the outdoor air quality is like here at Fond du Lac any time of the year at <https://www.airnow.gov/>. Burning wood more efficiently can create less smoke, and reduce the risks of negative health impacts for your home.

How can you burn wood more efficiently? Properly maintained wood stoves burn effectively, and newer models boast safer designs and improved efficiencies. A comparison from the U.S. EPA claims that older, uncertified stoves release 15 to 30 grams of smoke per hour (g/h), while new EPA-certified stoves exude around 4.5 g/h. A lower g/h rating generally denotes a more efficient stove. EPA Certification labels can typically be found on the back of certified stoves, or they may be listed on the EPA’s website.

Another way to burn wood more efficiently is to dry it. Burning dry, seasoned wood promotes a hotter ishkode with less smoke production. You can test your wood with a wood moisture meter to ensure appropriate dryness: 20% moisture or less burns best. Ensuring that proper airflow is fed to the flame and reducing the time that ishkode smolders can also help reduce smoke. There are other heating methods which avoid the health concerns associated with wood smoke entirely, such as heat



# Etc

pumps. If you have concerns regarding smoke within your home, consider updating your old stove or installing a different home heating system.

The Fond du Lac Air Program has partnered with Environmental Initiative over the last year to help income eligible tribal and non-tribal members of our community upgrade old wood stoves for little to no cost. We were able to assist 6 households in our community this dagwaagin (fall), and we'd love to help more! Qualifying income eligibility programs are listed on our flier, which can be viewed on the Fond du Lac Website, or in this newspaper. If you qualify for any one of those programs and have an old, inefficient wood stove, please reach out to Paige at (218)878-7108, or Anthony at (218)878-7112, or at the emails listed below, so we can gather your contact info as funding may be available for you through this program.

For more information about air quality subjects, keep an eye on the Fond du Lac Resource Management Facebook Page, check out our website at <http://www.fdlrez.com/RM/airmain.htm>, or reach out to FDL Air Program Coordinator, Paige Huhta, at [paigehuhta@fdlrez.com](mailto:paigehuhta@fdlrez.com), FDL Air Program Technician, Anthony Mazzini, at [anthonymazzini@fdlrez.com](mailto:anthonymazzini@fdlrez.com), or FDL GreenCorps Member, Carson Becicka, at [carsonbecicka@fdlrez.com](mailto:carsonbecicka@fdlrez.com). Miigwech!

## Area precinct caucus locations

*"The future will belong to those who have passion and are willing to work hard to make our country better."* – Paul Wellstone

**HD11A DFL Precinct Caucuses are Tuesday, February 27, 2024.**

• Doors Open at 6:00 PM.

• Caucuses Starts at 7:00 PM.

### Arrowhead

- Culver Town Hall
- Arrowhead Township
- Brevator Township
- Brookston
- Culver Township
- Stoney Brook Township

### Barnum

- Barnum High School
- Mahtowa
- Barnum
- Barnum Township
- Blackhoof
- Mahtowa Township
- Atkinson

### Carlton

- County Transportation Building
- Carlton P-1
- Carlton P-2
- Perch Lake Township
- Sawyer (Unorganized)
- Silver brook Township
- Twin Lakes Township
- Wrenshall
- Wrenshall Township

### Cloquet

- Cloquet High School
- Cloquet W-1
- Cloquet W-2
- Cloquet W-3
- Cloquet W-4
- Scanlon
- Cloquet W-5 P-1
- Cloquet W-5 P-2

### Cromwell

- Cromwell-Wright High School
- Eagle Township
- Beseman Township
- Cromwell
- Progress (Unorganized)
- Lakeview Township
- Wright
- Red Clover
- Corona

### Esko

- Esko High School
- Only Esko

### Holyoke

- Holyoke Town Hall
- Holyoke Township
- Clear Creek Unorganized

### Kettle River

Kettle River Senior Center

- Automba
- Kalavala Township
- Kettle River
- Silver Township
- Split Rock

### Moose Lake

- Moose Lake High School
- Kerrick Township
- Moose Lake Township
- Moose Lake
- Windemere

### Pine

- Sandstone Government Center
- Birch Creek Township
- Bruno
- Bruno Township
- Denham
- Kerrick
- New Dosey Township
- Nickerson Township
- Norman Township
- Park Township
- Sturgeon Lake Township
- Sturgeon Lake

### Not sure of your Precinct?

Check the Polling Place Finder online at the MN Secretary of State: <https://pollfinder.sos.state.mn.us/>

**What is a Caucus?** More information available online at MS Secretary of State: <https://www.sos.state.mn.us/elections-voting/how-elections-work/precinct-caucuses/>

## LEGAL NOTICE – MARCH 2024

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one-year period

commences with the first publication.

### BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

- BEAULIEU, Kenneth C.
- BELCOURT, Ernest Jr.
- BISHOP, Guy
- BRADFORD, Evelyn
- BRITTAN, Jeffrey
- CADOTTE, Michael D.
- CICHY, Gerard
- CICHY, Leslie
- COFFEY, Kenneth
- DANIELSON, Harvey
- DEFOE, Sienna K.
- DIVER, Chaya M.
- DIVER, Grandon J. II
- DIXON, Kaden M.
- DUFAULT, Lavinne
- DURFEE, Arthur
- DURFEE, Thomas M.
- FAGERNESS, Dennis
- FARRELL, Margo J.
- FOX, Michael
- HOULE, Clinton Sr.
- HOULE, Laura
- HOWES, Riley M.
- LAPRAIRIE, Robert
- LEGARDE, Ava A.
- LEGORE, Terri
- MARTINEAU, Katrina
- MARZINSKE, Larry
- OLP, Madison S.
- OLSON, Eugene Jr.
- OWENS, Louise K.
- PAGE, Timothy
- PEACOCK, John
- PETITE, Benjamin F.
- PETITE, Dale R.
- REYNOLDS, Frederick Jr.
- REYNOLDS, Nicholas
- SAICE, Wallace Jr.
- SCURLOCK, Patricia
- SOULIER, Gary
- ST. GEORGE, Richard J.
- TALBOTT, Jack
- THOMPSON, Alexis N.
- THOMPSON, Catherine Joann
- TOPPING, Debra J.
- TROTTERCHAUDE, Nicholas
- VILLIARD, Archie

WAKANABO, Henry III  
WHITE, Samuel  
WICK, Marlin

## FDLTCC announces 2023 fall semester Dean's List

Fond du Lac Tribal and Community College (FDLTCC) in Cloquet, Minnesota, is elated to announce more than 270 students attending the college during Fall Semester 2023 achieved high academic standing. 154 students earned Dean's List honors for the semester grading period and 119 students earned President's List honors.

Requirements for earning Dean's List honors at FDLTCC include maintaining a GPA of 3.0 or higher while completing 6 or more course credits during the semester. Requirements for President's List honors at FDLTCC include maintaining a GPA of 4.0 while completing 6 or more course credits during the semester. Students may take daytime classes, evening classes, weekend classes, online classes, or a combination of the above classes. A total of 1,750 full-time, part-time, PSEO, and College in the Schools students were enrolled at FDLTCC during the semester. There were 541 FDLTCC students who took 6 or more credits during the semester making them eligible to earn Dean's List and President's List. The full list of students that earned Dean's List and President's List honors at FDLTCC during Fall Semester 2024 is available at: <https://fdltcc.edu/fdlcc-announces-fall-2023-fall-semester-deans-list/>.

*list continued on next page:*

# Etc

## The following FDLTCC students earned President's List honors for Fall Semester 2023:

<b>Askov, MN</b> Grace Jasa	Allie Tibbetts	Mary Driver Jennifer Gonnerman Alex King	<b>St Paul, MN</b> Shannon Jerome	Mikaela Bremer Jazlyn Gunderson Samuel Sherman	<b>Columbia Heights, MN</b> Aleah Walette	<b>Fort Ripley, MN</b> Lisa Levig	<b>Nett Lake, MN</b> Kristen Holmes	
<b>Barnum, MN</b> Selah Casper Madison Goodwin Madison Jones Julie Krueger ShyAnn Ostby	<b>Columbia Heights, MN</b> Marcus Malin	<b>Hinckley, MN</b> Nakota Benjamin	<b>Two Harbors, MN</b> Alivia Abrahamson	<b>Cass Lake, MN</b> Preston Lassman Payton Premo	<b>Cook, MN</b> Jessieanne Drift	<b>Grand Portage, MN</b> Wei-Lani Likiaksa	<b>Norwood Young America, MN</b> Lydia Beaver	
<b>Big Lake, MN</b> Georgia Morris	<b>Deerwood, MN</b> Linda Stevens	<b>Holyoke, MN</b> Summer Keuten	<b>White Earth, MN</b> Christopher VanWert	<b>Chisholm, MN</b> Addie Rikkola	<b>Cottage Grove, MN</b> Dallas Olson	<b>Ham Lake, MN</b> Hope Anderson	<b>Onamia, MN</b> Asiniikwe Sam Vanessa Weyaus	
<b>Brainerd, MN</b> Jean Wenz	<b>Duluth, MN</b> Misty Baum Karl Becker Amber Boucher Michelle Buhler Shane Colemer Roger Connaughty Katherine Didrickson Catherine Dubois Olivia Hintsala Adam Hockman Ariel Johnson Devante Lockett Kyle McMullen Nicholas Moen Lake Nosan Krystal Puglisi Jesse Scanlon Andrew Schamberger Zoie Soder Sydney Spoor Elizabeth Tool Austin Wick Lydia Wiseman Dennis Yellow	<b>International Falls, MN</b> Owen Wherley	<b>Wrenshall, MN</b> Patrick Ankrum Madison Hurst Danielle Iatic Alex Murray	<b>Cloquet, MN</b> Mary Ammesmaki Tyler Anderson Carlos Arreola Tanya Atallian Dallas Borske Amaya Bridge Dona Brown Addison Bucsko Tanner Byard Libby Colt Kiana DeFoe Cadence Dillon James Friedman Vinzent Gilbert Lauren Heintzelman David Houle Dana Houle-Mcfat-ridge Miranda Johnson Jayce Koskela Aaron Lamb Kylie McKeon Alex Medina Katie Metzger Korpela Erika Monshower Nicholas Munoz Taylor Netland Noah Olsen Dillon Oman Cameron Pilcher Shawna Pokornowski Lynn Reynolds Deontra Rivers Isabella Roy Amanda Ruiz Stephanie Sanchez-Eno Michaela Schwartz Kora Sims Spencer Strand Alexander Switzer Reese Turnbull Cole Wick Grace Zezulka	<b>Detroit Lakes, MN</b> Sasha Barrett	<b>Hayfield, MN</b> Sienna Zelinske	<b>Pine City, MN</b> Anthony Oustad Kensington Tayerle	
<b>Carlton, MN</b> Isabelle Burley Shalom Heikkila Joseph Kitto Abigail Ronkainen Abrianna Schmidt Bradley Untiedt	<b>Kerrick, MN</b> Gillian Naftali	<b>Kettle River, MN</b> Logan Tomczak	<b>Wright, MN</b> Nahin Gatica Cruz Elisabeth Kachinske	<b>South Range, WI</b> Paul Priestley	<b>Duluth, MN</b> Cody Anderson Liam Bohlmann Casandra Darnall Angelina DeMarr Stephanie Ehnes Adonis Engel Merit Floerke Benjamin Grimes Braden Holty Derek Karlstad Rachel Kot Falisha Kwapick Nathan Larson Adam Linn Yasmine Long Kylee Luing DawnaRae Martineau Brianna Mclean Sandra Nordby Dillon O'Brien Katrina Oliver Benjamin Peters Emily Pilz Jordan Porter Karen Pringle Anthony Sam Wausaumoutouike Sandman-Shelifoe McKenze Simmons Jamie Strand Jake Swader Leah Swenson Andrew Wacker Ariana Wisniewski Raquel Wisniewski Steven Woodworth Adam Young	<b>Hermantown, MN</b> Rebecca Armstrong Emma Bobbitt	<b>Hinckley, MN</b> Aseil Abuhamed Halle Davis	<b>Rochester, MN</b> Owen Schroeder
<b>Clinton, MN</b> Angel Meade	<b>Maynard, MN</b> Jessica Wellnitz	<b>Long Prairie, MN</b> Brooke Swanson	<b>Superior, WI</b> Michael Graves Zoe Johnson Michael Joki Darlene Sandman	<b>The following FDLTCC students earned Dean's List honors for Fall Semester 2023:</b>	<b>Hoyt Lakes, MN</b> Alexia Lightfeather	<b>Holyoke, MN</b> Leilani Thomas	<b>Saginaw, MN</b> Nicholas Kronzer	
<b>Cloquet, MN</b> Robin Anderson Carlos Arreola Tiffany Bones Ann Carlson Dylan Clark Clara Dale Jena Hurd Taylor Janisch Jacqueline Jennissen Elizabeth Johnson Meagan Laine Jordyn Landsverk Grace Lavan Mary Lind Kelsey Line Abby Niemi Sam Ojibway Jordan Paulson Pensak, Sabrina Sophia Reeves Lori Pernu Rogers April Petite Wendy Pilcher Colleen Pivec Joseph Pivec Josette Smith Kristen Smith Nicolas Smoczynski Brendan Strang	<b>McGregor, MN</b> Amber Bruneau Katie Gould Jillian Pelto	<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein	<b>Morton, MN</b> Kyri Cox	<b>Mascotte, FL</b> Stephen Webster	<b>Isle, MN</b> Mary Greene Michele Wanless	<b>Hinckley, MN</b> Aseil Abuhamed Halle Davis	<b>Sandstone, MN</b> Isabella Lourey-Bowen Henry Randa Gina Rote	
<b>Esco, MN</b> Julie Golen Asher Jones Amara Liljegren Abrianna Madill Annastasia Schmitz Ava Townsend Shelby Zahn	<b>Minneapolis, MN</b> Sarita Bendickson Elizabeth Zinsli	<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein	<b>Aitkin, MN</b> Cambie Broker	<b>The following FDLTCC students earned Dean's List honors for Fall Semester 2023:</b>	<b>Kettle River, MN</b> Ivy Polecheck	<b>Mahtowa, MN</b> Kira DeCaigny Jana Hergert Adilyn Salzer Tyler Selin	<b>Sturgeon Lake, MN</b> Adam Olson Rachel Werner Paige Jezierski	
<b>Floodwood, MN</b> Jayna Kemp	<b>Morton, MN</b> Kyri Cox	<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein	<b>Barnum, MN</b> Tirza Casper Wesley Grimm Taylin Johnson Amber Knight Abigail Mickle Shelby Reynolds	<b>Tamarack, MN</b> Karlee Gould	<b>Maplewood, MN</b> Brittney Jacobson	<b>Two Harbors, MN</b> Chloe Schwartz Kandice Szewcik	<b>Wrenshall, MN</b> Brennen Fisher-Merritt Michelle Kilby Abbie Menze Lydia Saletel	
<b>Foreston, MN</b> Sian Marquardt	<b>Proctor, MN</b> Natasha Garner	<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein	<b>Brimson, MN</b> David Schnurrer	<b>Two Harbors, MN</b> Chloe Schwartz Kandice Szewcik	<b>McGregor, MN</b> Jacob Bailey Brianna Friend	<b>Wrenshall, MN</b> Brennen Fisher-Merritt Michelle Kilby Abbie Menze Lydia Saletel	<b>Wright, MN</b> Isabella Anderson	
<b>Gilbert, MN</b> Keiza Besemann	<b>Sawyer, MN</b> William Wise	<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein	<b>Carlton, MN</b>	<b>Wrenshall, MN</b> Brennen Fisher-Merritt Michelle Kilby Abbie Menze Lydia Saletel	<b>Minneapolis, MN</b> Karissa Kier-Ficken Simone Rendon	<b>Wright, MN</b> Isabella Anderson	<b>Cumberland, WI</b> Brittney Colsrud	
<b>Glencoe, MN</b> Bradley Wolfe	<b>South Haven, MN</b> Jenna Christinsen	<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein		<b>Wrenshall, MN</b> Brennen Fisher-Merritt Michelle Kilby Abbie Menze Lydia Saletel	<b>Moose Lake, MN</b> Lucy Salzer	<b>South Range, WI</b> Hannah Nielsen Samantha Udeen	<b>Superior, WI</b> Essie Lemley	
<b>Hermantown, MN</b>		<b>Moose Lake, MN</b> Madelyn Jepsen Sarah Klein		<b>Wrenshall, MN</b> Brennen Fisher-Merritt Michelle Kilby Abbie Menze Lydia Saletel	<b>Mounds View, MN</b> Vanice Mogusu	<b>South Range, WI</b> Hannah Nielsen Samantha Udeen	<b>Superior, WI</b> Essie Lemley	

# Election Coverage

## 2024 election calendar

March 29: Notify MCT on choice of appellate forum.

### April 2: Primary

(Polling places open from 8:00 a.m. until 8:00 p.m.)

April 3: General Reservation Election Board certifies Primary Results.

(Prior to 8:00 p.m.)

April 4: General Reservation Election Board publishes Primary Results.

April 5: Deadline for Request for Recount. (Filed with General Election Board prior to 5:00 p.m.)

April 5: Deadline to Post Regular Election Notice with Primary

April 9: 4:30 p.m. – Deadline for Contest of Primary Election.

(Filed with Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe).

April 10: (Results, if Allowed or April 8 or 9 if earlier request)

Deadline for Decision on Request for Recount and Results of Recount, if allowed.

April 19: Deadline for Decision on Contest

April 22: (or within 3 days of decision on Contest) 4:30 p.m. – Deadline for appeal to Court of Election Appeals.

(Filed with the Executive Director of the Minnesota Chippewa Tribe and with Reservation Tribunal rendering Decision).

April 24 (at least two (2) days prior to the hearing date): Record of contest forwarded to Court of Election Appeals.

April 29 (hearing within 7 days of notice of appeal). Last Day for Hearing on Appeal

May 9 (10 days from hearing on appeal). Last Day for Decision on Appeal

May 10: Notice of General Election (or earlier if no appeal).

May 10: TEC provides ballots for

General Election (or earlier if no appeal).

### June 11: General Election

(Polling Places open from 8:00 a.m. until 8:00 p.m.)

June 12: General Reservation Election board certifies results of Election. Prior to 8:00 p.m.

June 13: General Reservation Election Board publishes Election results.

June 14: Deadline for Request for Recount. (Filed with General Election Board prior to 5:00 p.m.)

June 18: 4:30 p.m. – Deadline for Notice of Contest. (Filed with

Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe.)

June 19: (or 18, if request for Recount is filed before deadline): Decision on Request for Recount and Results of Recount, if allowed.

June 28: Deadline for Decision on Contest for General Election.

July 1 (or within 3 days of decision on Contest): 4:30 p.m.

– Deadline for appeal to court of Election Appeals. (Filed with Executive Director of the Minnesota Chippewa Tribe and Reservation Tribunal rendering Decision).

July 5 (at least two (2) days prior to the hearing date): Record of contest forwarded to Court of Election Appeals

July 8 (hearing within 7 days of notice of appeal). Last Day for Hearing on Appeal

July 8: Winning candidates assume office by operation of law, unless sooner seated, or the election is subject of appeal to the Court of Election Appeals.

July 18 (or Ten days from Hearing on Appeal): Deadline for decision of the Court of Elections Appeal.

Day following Decision of Appeal: Winning candidate prevailing on appeal takes office.

## NOTICE

The mailing address of the General Reservation Election Board is: PO Box 430, Cloquet, MN 55720

## Candidate Statements

The 2024 election is here with the primary election on Apr. 2. There are three positions up for eligibility, Chairperson, District I, and District III

The following statements are of the candidates, they have not been altered except to meet our format. The candidates' names appear here as they will on the ballot as determined by the election lottery. Chairperson: James Roy Blacketter III, Victoria A. Smith (Vickie), Kevin R. Dupuis, Sr. (Incumbent), Bruce M. Savage, and John A. McMillen. District I (Cloquet) Valerie A. Whitebird, Wally Dupuis (Incumbent), Kami Diver, Michelle DeBolt, David Petite, Jr., and Juanita (Nucka) Anderson. District III (Brookston) Roger M. Smith, Sr. (Incumbent), Dawn M. LaPrairie, Earl Otis, Debra Johnson-Fuller, Bryan (Bear) Bosto.

Polling places for the April 2, 2024 Primary Election are:

District I, Fond du Lac Tribal Center-ENP Dining Hall, 1720 Big Lake Road, Cloquet, MN

District II Sawyer Community Center, 3243 Moorhead Road, Sawyer, MN

District III Brookston Community Center, 8200 Belich Road, Cloquet, MN

Polls shall be open from 8:00 a.m. to 8:00 p.m.

## Chairperson

### James “Tubby” Roy Blacketter III

It is time for a fresh start, my name is James Blacketter the III, and I was born in 1964 on our beloved Fond du Lac Reservation.



James “Tubby” Roy Blacketter III

Many of you knew my parents James Blacketter Jr., and Mary Ann Blacketter. Both of my parents grew up on the reservation, and I have lived here my whole life. To share a bit about myself, in 1987 I completed schooling to become an alcohol and drug counselor where I ran groups, as well as completing courses in college pertaining to business management and business law. I've riced the lakes for 44 years, and know a lot about caring for our land through lived experience with our elders who have already made the journey. Lived experience I can pass down to those that follow us. I have five sons, and one daughter. Three years ago, I lost two of my sons to drug addiction and the strife that many of our sons, daughters, and relatives are still facing to this day. I can't help but feel that we have all probably lost someone in this way. My sons grew up on this reservation, and I can't help but think that we all have a stake in finding a solution to difficulties that plague our people. With the difficulties that we have all faced in our lives, I can't

help but feel that it is time for a change to all of the loss. It is my hope that having heard my words, that you will allow me the honor of representing you to help navigate the future. A future where we can find a better way to care for those of us who are still struggling with addiction, and a better way to honor those we have lost along the way. Chi miigwetch!

### Victoria A. Smith (Vickie)

I'm Victoria (Vickie) Smith and I'm 49yrs old. I'm a mother of 2 plus children. I have 1 biological son, 1 stepson, 2 children that we have adopted & 1 that's off to college & 1 child we are trying to get full custody of. I am running for the Chairperson position because I have been seeing our Reservation change, but not in a healthy way. I want a change and I am asking for your help to do that. Here are just a few things that I would like to work on if I get elected as the Chairperson.

- I want to work on any of the programs that deal with children. (Social Services, After school programs, Mental health, all medical & Summer programs.)
- I want to work on getting stuff for our children to do when they are not in school. (Roller skating rink, Water slides, bowling alley, Shooting range, Archery)
- I want to be the voice of the people who are not being heard.



Victoria A. Smith

# Election Coverage

- I want to work on the elder's programs and make sure our elders are being taken care of.
- I want to work on how our Band Members are being treated in the workplace.
- I want to work on animal issues within the boundaries of the FDL reservation
- I want to work on the FDL Housing/homelessness problems.
- I would like to get a program for the Drug epidemic.
- I want to work on the Enrollment.

If you would like to talk with me a little more about any issues, concerns or any ideas or any questions you may have please feel free to contact me at (218) 428-2694.

Thank You Sincerely,  
Victoria "Vickie" Smith

## Kevin R. Dupuis, Sr. (Incumbent)

Candidate did not submit a statement.

## Bruce M. Savage

Boozhoo friends and relatives, Chi-aanakwad waabizheshi doodem, my name is Bruce Savage Marten Clan, and I am announcing my candidacy

for Chairman. I put my name in because there needs to be choices, and as a Band, we need to seek to improve leadership and decisions that will impact us now and into the future. I grew up in Duluth and raised my family in Sawyer. My father is Richard Savage, and my mother is Beverly Zacher.

I have dedicated my life to work-



Bruce M. Savage

ing for the Fond du Lac Band. On my evenings and weekends, I ran a small business for over 25 years. More recently, I worked in the RBC for 6 years, representing the Sawyer Community in all matters attended meetings daily, and chaired meetings as needed as the Vice Chair. We must improve our tribal government and strengthen our community to benefit all our members.

My vision for our future:

- As our business enterprises grow, upholding a vision for success will be crucial. My experience as the Sawyer District Representative gave me the knowledge and experience to oversee our enterprises. As a business person, I know that with any new enterprise, we must carefully evaluate all options, build expertise within the Tribe, and listen to our employees.

- As Anishinaabe people, we have strong ties to our tribe and culture. If elected, I will lead by uplifting those strengths and welcoming all band members to share their ideas, thoughts, and concerns. We must pull together to build our workforce and offer the next generation a chance to bring in new ideas and approaches while maintaining the practices and services that have nurtured us for generations.

Chi-Miigwech for your support. Please feel free to call me any time (218) 393-6902.

Bruce Savage  
Candidate for Chairman

## John A. McMillen

Boozhoo, My name is John Henry McMillen. I am a FDL band member. I have lived on the reservation



John A. McMillen

for 35 years. I am a widower and have 3 biological children and 2 adopted children. I have worked for FDL Reservation for 30 years and served as a foster home for our community for many years. I have held many different jobs on and off the reservation throughout my life. Through these experiences, I have learned a lot about the issues we face and ways to help solve those problems. I retired from FDL public Works Department about 2 years ago.

I would like to address some concerns. I feel all FDL enrolled members should be included in all decisions that affect the people, at least give them all a voice. Some of the concerns are that the buildings are not being used and are rotting away. We should be able to use these buildings for something. With Applebee's, we could make that a community space for FDL and Cloquet, it could have a bowling alley, an arcade, and a snack bar as it already has a kitchen. Again this is only a suggestion. The other issue is the drugs on Reservation we need to do something, we are losing too many young people. Most importantly, the people need to voice their opinions and help to make it work. I am not going to make any promises but I will do my best to listen and include all members.

## District I (Cloquet)

### Valerie A. Whitebird

Boozhoo fellow band members

I am running for District 1 Cloquet Representative because I believe in the important balance of having both



Valerie A. Whitebird

male and female thought processes when it comes to making decisions that affect our people. This is also part of our traditional history.

I'm a proud Nimaamaa of 6, with 12 grandbabies.

Education:  
BAS- Criminal Justice/Leadership and Management

Formerly a Ramsey County Juvenile probation officer, I moved to FDL in 2016. I am currently employed at Mino Aya owin HSD as the Lead Supportive Services Social Worker. I have Supervisory experience in homelessness programs, Adult Protection Services and several other areas.

As Vice Chairperson and member of the Minnesota Tribal Collaborative.

I've gained valuable experience working with the MTC, a well respected Collaboration of the 6 MCT (Minnesota Chippewa Tribe) bands, along with Red Lake and Upper and Lower Sioux reservations. We work together and assist each other in the effort to end homelessness and secure grants for our people. Our efforts have been breaking through barriers of Federal and State grantors.

I've watched FDL administrations come and go without completing their campaign promises. I believe in the importance of band/ tribal relationships. Partnership., not competition, makes it possible to accomplish goals for our entire membership in the short 4 year terms.

Constant drive, assertive efforts, accountability and cooperation are all needed at the decision making level. There is no room for complacency. The district seats are the motion making and voting seats. The most important seats. When there are unfinished tasks, these seats are responsible. I'm ready to take on that responsibility. I

respectfully ask for your support.

Watch for my letter. I want to hear your thoughts. I'm on Facebook, email vawwhitebird1@gmail.com, or at (218)580-9889

Miigwech,  
Valerie Whitebird

## Wally Dupuis (Incumbent)

Dear Fond du Lac members!

Our Primary Election Day is April 02, 2024. My name, Wally Dupuis, will be on the ballot, as I



Wally Dupuis

am running for re-election. It has truly been an honor to serve you as your District #1 Representative over the years. I am truly humbled and honored as I ask for your continued support in the upcoming primary election.

With your support we can continue to work on the initiatives that are important to Fond du Lac Reservation, our Elders, our Youth, our Veterans, and each member of our band. Your support will ensure continued growth for our Reservation well into the future.

As your District Representative, I have and will continue to diligently support our Natural Resource Department in their efforts to provide stewardship to our resources both on and off the reservation. Protecting our land, water, air, and other resources is imperative to our current and future generations. I am also deeply committed to providing educational opportunities for our members. The growth of our Ojibway language curriculums has grown immensely, which includes learning objectives from preschoolers to adults.

# Election Coverage

With current updates on and included in all consultations with other agencies such as School Districts, State, City, County, Federal Agencies, and potential business partners, ensures long term and first-time opportunities for our programs and entities. By continuing to advocate for the building of our tribal economy through economic development opportunities, for not only the band but for individual tribal members as well, means success for all. It is my duty to continue to support each of our programs, entities, and divisions in their efforts to meet the needs of our membership.

I am graciously asking for your vote in the primary election on April 2, 2024. Sincerely, Wally Dupuis

## Kami Diver

Candidate did not submit a statement.

## Michelle DeBolt

Hello, Fond du Lac Band Members of District 1, I trust this letter finds you in good health and spirits. My name is Michelle DeBolt (LaFave), and it is with great enthusiasm that I introduce myself as a candidate for the Fond du Lac Reservation Business Committee – District 1 Representative position.

I am married to Robert LaFave, Jr., and we have a 25-year-old daughter named Siera. We are also blessed with six grandchild-



Michelle DeBolt



dren, three of whom we have adopted.

My parents and sister were influential members of our community. My father served as the former Secretary/Treasurer and Chairman of the Reservation, while my mother worked in Indian Education at the Cloquet School District. My sister was the President of the Fond du Lac Tribal and Community College. Their contributions inspired me to pursue public service.

I approach this candidacy with a profound sense of honor and a commitment to fostering positive change within our community. Rooted in collaboration, transparency, and innovation, my vision is to cultivate a community that grows together. As a third-generation member engaged in band politics, I bring a unique perspective that combines tradition with a fresh vision for the future.

I strive to create an inclusive platform that values every voice, transcending generational boundaries. Together, we can focus on sustainable growth, transparent governance, and innovative solutions for our community. I'm dedicated to making decisions that positively impact future generations and invite you to join me in shaping a legacy of progress and resilience for our community.

Thank you for considering my candidacy. I'm eager to serve you and our community well. Sincerely, Michelle DeBolt  
Candidate for Fond du Lac Reservation Business Committee  
District 1 Representative  
(218) 499-1577  
votedebolt@gmail.com

## David Petite, Jr.

Candidate did not submit a statement.

## Juanita (Nucka) Anderson

Boozhoo...

My name is Juanita "Nucka" Anderson. I am a candidate for Cloquet District I, on April 2, 2024, Fond du Lac primary election. I am seeking your support for the position.



Juanita (Nucka) Anderson

I was born and raised on the reservation. I have a son and a granddaughter. My parents are Bill and Loretta (Barney) Martineau.

I spent my entire working life working for our reservation. I started as a flag person and went to the furnace factory. When the opportunity presented itself, I moved to Big Bucks Bingo as a worker, Assistant Bingo Manager, and then Manager at the Black Bear Casino. In 2012 I needed a change, so I moved to FDL Sand and Gravel as a seasonal worker, FDL Gas & Grocery bookkeeper, FDL Transit as driver, FDL Transportation as school bus driver, FDL ENP as head cook and currently at FDL Head Start as administrative assistant.

My experience has given me insight into the needs of band members, and I would like to use it to make a difference. I need your support to make the changes we need. Our community must be involved to ensure the growth of our Reservation.

- District meetings to bring members together to plan.
- Fair housing practices to help end homelessness on our Reservation.
- Elders need a secure building 24/7
- The houses need to be turned over quicker.

- Establish and follow a list of qualifications to receive a home.
- Drug use need to be addressed with community input.
- Job descriptions need to be updated along with salary structure.

These are a few of my ideas and with your support we can make a difference in the future with our reservation.

Miigwich...  
Juanita "Nucka" Anderson  
Nuckaanderson59@hotmail.com  
218\*591\*4828

## District III (Brookston)

### Roger M. Smith, Sr. (Incumbent)

Chi Miigwech for allowing me to serve as your District III Representative/Vice Chairman. I again ask for your support to stay the course that we have laid out.

Over the last 4 years we have seen significant growth in Brookston District. We have invested over \$20 million into infrastructure and community initiatives. We have completed the following projects:

- Regional Water Project with the best water on FDL!!!
- Tribal Youth Shelter in the Brookston District.
- New Playgrounds at Brookston Center and Pine Drive housing areas.
- The Brookston Elderly that was long overdue!!!
- We also increased the Elderly Budget to cover their activities.
- Wage study with a \$12 million investment in staff and to ensure services delivered to Band Membership.



Roger M. Smith, Sr.

We have moved ahead with the reintroduction of Elk and also to bring back Buffalo, both to be in and near the Brookston District.

We have fought those that want to infringe upon OUR Sovereignty with 2 historic wins over Polymet and the Army Corp of Engineers. We successfully stopped the expansion of Lutsen Ski Area that looked to destroy one the largest stand of maple trees in Minnesota. These are victory's that Tribes have never had; we were the 1st!!!

We navigated through the pandemic maintaining the Per Capita payment, when other Tribes suspended theirs. This was accomplished through historic negotiations with Enbridge and followed by historic negotiations with TC Energy that ensures payments tax free until at least 2037.

We will enter the Cannabis Industry as another source of revenue and commit to a very large investment in the Brookston District that will include employment.

I will send out a complete list and the vision of where we are headed as we continue to address youth, middle aged and Elderly!!! Vote to stay the course!!!

Roger M Smith Sr.  
218-428-4031

### Dawn M. LaPrairie

Boozhoo Aaniiin, it would be my honor to serve as your representative.

Parents:  
Theresa Smith and George LaPrairie  
Grandparents:  
Elizabeth Bear and Jay Smith, Delma Couture and Henry LaPrairie 5 children/ many grandchildren and great



Dawn M. LaPrairie

# Election Coverage

grandchildren. Education: Master's in Education, Bachelors of Science. I Lived in District 3 since 1986. Born and raised FDL, Lived in St. Paul 8 years.

Employment: FDL Ojibwe School Ojibwe Language Teacher; 2004-2014, 2018-present. Minisikinikwaang Leadership Academy. My advocacy efforts include Environment, Sustainability, Education, job creation, & Ojibwe language preservation to make our reservation sustainable and strong. My # 1PRIORITY is treating people fairly and NOT creating a monopoly within our reservation.

I am now putting my efforts towards building a community based on our Anishinaabe values of "Bimaadiziwin." Ways of being that my parents instilled upon me: hard work, respect, honesty and trust. Platform: Be a strong voice that represents the diverse interests of our district to find REALSONABLE solutions to improve the quality of life for all. Address the challenges of drugs & alcohol that's destroying our community. Advocate for our children; provide them with the resources to be accountable contributing band members Model good stewardship of our resources. Good stewards do not equal a giveaway mentality. Support efforts to protect OUR natural resources. Support veterans and elders. By creating environmentally endeavors that grow your own becomes sustainable resources. Like in the past we all lived off the land with hunting and gathering. I also support a hemp/cannabis farm. We need to work with other governments to build relationships that will help us economically- Have the super train from Metro are stop in Carlton. We need Parallel Development in key positions mentorship.

Help me in assuring that Nahgahchiwanong is a place we all can be proud of. So, please vote for me in April. Miigwech

## Earl Otis

Boozhoo, My name is Earl Otis, I'm running for District 3 Representative, and would like your vote. It's time for new leadership, new eyes and a new perspective for Brookston and the Fond du Lac Reservation.

I was born and raised in Brookston by my parents, Doris (Beargrease) and Bill Otis. My wife and I have been living here for almost 25 years. We raised our 3 adult children here and have a 14 year-old still at home.

As your Brookston Rep. I will make sure I am accessible to you, and I will show up for Brookston. To do this I will need to hear from you about your concerns, needs, wants, and wishes for the future of not only our district, but of our reservation. I will have a set schedule of office hours both at the main RBC offices and at our Brookston center. I will have later hours on set days to accommodate all work schedules. I will make it a priority to respond to your emails and return your phone calls. After all, I will be working for you! To work with other District Representatives toward our goals for our reservation, I will make sure I am at all relevant meetings and events to ensure that Brookston is being heard.

As a lifelong member of Brookston, I have my own thoughts, and ideas as well. I want to look at the needs of the



Earl Otis

Brookston Center building. I'd like to see the center offer more organized activities for kids and young adults, as well as adults and Elders.

For our reservation overall, I would work with other Reps to look at ways to increase revenue opportunities while also creating more good paying jobs and more opportunities for current employees.

Make your voice heard, VOTE! Miigwech

## Debra Johnson-Fuller

Candidate did not submit a statement.

## Bryan (Bear) Bosto

My name is Bryan "Bear" Bosto and I am asking for your support and vote for Brookston District Representative on April 2, 2024.

Experienced leadership is what is needed in the coming years to navigate the uncertain future. My ability to speak on tough issues has been consistently proven, whether through my job or as your spokesperson of a removal petition. Reservation wide issues:

- Human Resource Director-priority hire by end of 2024
- 32-hour work week at a 40-hour pay.
- RBC will not be meddling in hiring practices below Executive and Division Directors.
- Modernize application process.
- Human Services Director-make priority for the end of 2024.
- Staffing shortage
- Adding (2) Minneapolis advocates to the Human Services Advisory Board.
- Brookston District Office



Bryan (Bear) Bosto

Brookston Center: Monday, Wednesday, Thursday, Friday 12:00pm-5:00pm (tribal center mornings)

- RBC: Tuesday 8:00am – 5:00pm
- Minneapolis: Monthly the 3rd Monday
- Monthly District gatherings/potluck at Brookston Center instead of attending monthly RBC open meetings, except quarterly meetings.

All I want for our community members is the ability to live a good life, a life without the impact of drugs. A life where any Mahnomen kid can be a role model. The clinic's vast resources need to be interlinked with the centers' resources when traumatic

events happen. I want to establish a long-term relationship that benefits the community and utilizes these resources.

I am ready on day one to work for the district. I know I can seem unapproachable but that's because I am an introvert and take time to open up. A vote for Bear means that we are willing to get to work. My experienced leadership will get results. An advocate that fights for everyone to have equal grounds on issues. My management style has reinforced this on multiple occasions. Bear Bosto (218)260-5593 blbosto@yahoo.com

### 2024 Gitigaan Class Series

Tuesdays 5:30-6:30pm  
In person, locations may vary.  
Light meals will be served at 5 pm.  
Please RSVP at <http://tinyurl.com/2024Gitigaan>

**FREE &  
OPEN TO  
ALL**

<div style="background-color: #c00000; color: white; border-radius: 50%; padding: 5px; margin-top: 10px;"> <p><b>SAVE THE DATE</b> June 1 Gitigaan Plant &amp; Seed Giveaway <b>SIGN UP FOR TILLING</b> By May 10</p> <p>Contact 218-878-2642 <a href="mailto:JeanneSmith@fdlrez.com">JeanneSmith@fdlrez.com</a></p> </div>	<ul style="list-style-type: none"> <li><b>March 5</b> Cultivating Color &amp; Connection with Sustainable Dyes</li> <li><b>March 12</b> Farmers Markets and Food Hubs</li> <li><b>March 19</b> Invasive Species and Agriculture</li> <li><b>March 26</b> Garden Tool Maintenance: Getting the most out of your garden tools</li> <li><b>April 2</b> Food and Artisan Series 1: LLCs and Corporations</li> <li><b>April 9</b> Food and Artisan Series 2: Legal Logistics with Employees</li> <li><b>April 16th</b> Food and Artisan Series 3: Liability and Insurance</li> <li><b>April 23</b> Food and Artisan Series 4: Permits and Product Regulations</li> <li><b>April 30</b> Seed Starting and Garden Planning</li> <li><b>May 7</b> Healing Plant Identification Walk</li> <li><b>May 14</b> Seed Talk and Practical Seed Keeping Skills</li> <li><b>May 21</b> Incorporating Perennial Fruits into the Garden</li> <li><b>May 28</b> Preserving your Harvest Through Fermentation</li> <li><b>June 4</b> Household Composting in the Northwoods</li> </ul>
---	---

**Classes are subject to change. For further updates follow #FDLGitigaan**

# Election News Part II

## Primary Election Notice

A Primary Minnesota Chippewa Tribal Election of the FOND DU LAC Reservation Business Committee will be held on April 2, 2024 to fill the following positions:

**Election Date:** April 2, 2024

### POLLING PLACES:

#### General Election Board

Fond du Lac Tribal Building  
P.O. Box 430

1720 Big Lake Road

Cloquet, MN 55720

\*\*\*ABSENTEE VOTING\*\*\*

#### DISTRICT I:

Fond du Lac Tribal Center

ENP Dining Hall

1720 Big Lake Road

Cloquet, MN

#### DISTRICT II:

Sawyer Community Center

3243 Moorhead Road

Sawyer, MN

#### DISTRICT III:

Brookston Community Center

8200 Belich Road

Cloquet, MN

**POLLS OPEN: 8 a.m. POLLS**

**CLOSE: 8 p.m.**

#### CANDIDATES FOR

##### CHAIRPERSON - 4 Year Term

James Roy Blacketter III

Victoria A. Smith (Vickie)

Kevin R. Dupuis, Sr. (Incumbent)

Bruce M. Savage

John A. McMillen

#### CANDIDATES FOR DISTRICT I

##### (Cloquet) COMMITTEEPERSON -

##### 4 Year Term

Valerie A. Whitebird

Wally Dupuis (Incumbent)

Kami Diver

Michelle DeBolt

David Petite, Jr.

Juanita (Nucka) Anderson

#### CANDIDATES FOR

##### DISTRICT III (Brookston)

##### COMMITTEEPERSON - 4 Year

##### Term

Roger M. Smith, Sr. (Incumbent)

Dawn M. LaPrairie

Earl Otis

Debra Johnson-Fuller

Bryan (Bear) Bosto

The following is an excerpt from Election Ordinance revised December 11, 2023, which states voting requirements.

#### Section 1.6. Voter Eligibility.

##### 1.6(A). Judging Qualifications.

Each Band governing body will be the sole judge of the constitutional qualifications of its voters and may by official action, delegate this responsibility to its General Reservation Election Board.

##### 1.6(B). Eligibility to Vote: Generally.

Eligible voters are enrolled members of the Tribe, 18 years of age or over. All eligible voters shall vote by secret ballot. To be eligible to cast a ballot a voter must meet all constitutional requirements. In addition, to be eligible to cast a vote for Committeeperson, a voter must have resided within that district for at least thirty (30) days immediately preceding the election, unless the voter casts an absentee ballot as permitted by this Ordinance.

##### 1.6(C). Eligibility to Vote: Absentee.

Whenever, due to absence from the reservation, illness or physical disability, an eligible voter is not able to vote at the polls and notifies the General Election Board consistent with this Ordinance, he/she will be entitled to vote by absentee ballot in the manner and under the procedures as provided by Section

2.2(B). To cast an absentee ballot for Committeeperson, an eligible voter must have resided within that district for a period of at least thirty (30) days as his/her last reservation residence. In the event an eligible voter has never resided on the reservation of his/her enrollment, he/she may declare in his/her request which district has been selected in which to cast the ballot for Committeeperson. If an eligible voter does not and has not previously designated a district, that eligible voter may cast an absentee ballot that includes only the at-large positions up for election. Once a voter has resided in or declared a district, the voter may not thereafter change his/her district for absentee voting purposes without actually residing within a different district on his/her reservation of enrollment for at least thirty (30) consecutive

days immediately preceding the election.

#### NOTICE

The mailing address of the General Reservation Election Board is PO Box 430, Cloquet, MN 55720.



is a nutrition program that helps families eat well . . . and stay healthy

#### The WIC program provides:

- Nutrition information
- Healthy Foods
- Breastfeeding support
- Referrals to other health or community programs

#### Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants
- Children up to age 5

#### How to qualify for WIC?

- Meet the WIC income guidelines
- OR**
- Be enrolled in Medical Assistance, SNAP or Head Start
- AND**
- The person enrolling in WIC has a nutrition and/or medical need

#### Apply today!

- Fond du Lac Human Services ~ WIC Program
- Min No Aya Win Human Services Center (Cloquet) or Center for American Indian Resources (Duluth)

**CALL 218-878-2115**



This institution is an equal opportunity provider.

# SURVIVORSHIP CONFERENCE



**Saturday, April 13, 2024**

**A Hybrid Event | Online or in person**  
at McNamara Alumni Center

This free educational conference will focus on questions and issues patients, survivors, and their families often face during and after cancer treatment or transplant therapy.

Learn More at [survivorship.umn.edu](http://survivorship.umn.edu)

Registration Opens Early 2024

Survivorship Programming is brought to you by:



**MASONIC CANCER CENTER**  
UNIVERSITY OF MINNESOTA

# Health News

## Recovery

**Name:** Shandelle Friedman

**Age:** 33

**From:** Fond du Lac

**Length of recovery:** 7 Years

**What is your “why” for seeking recovery?** Prior to my addiction getting severe, I had started college and had goals. By the end of my addiction I was homeless and lost literally everything that meant anything. My “why” was more of a “why not,” I had nothing to lose by finally beginning recovery.

**How can people best support you during this time?** The best way that people can support me at this point in my recovery is by being an ear when I may need one. And by also asking me for

help if they need it. As they say, you have to give it away to keep it.

**Are there any self-care techniques that help to keep you grounded and sober?** The number one thing is the medicines. Praying. Sage, cedar, sweet grass. I smudge when I am feeling out of sorts. Especially with Bear Root.

**What are some healthy coping mechanisms that you use to manage uncomfortable feelings?** I go to meetings, have a sponsor, and continue to work the steps. But I also go to ceremonies and use cultural practices. They say that the 12-step programs are spiritual and our culture give me the specific instructions for how to practice the 12-steps. By practicing these things on a daily basis

when I have a problem I don’t even have to think about what to do, it’s natural to apply the program and our culture to those uncomfortable feelings.

**Do you have any tips for maintaining sobriety in early recovery?** Seek to find what your purpose in life is. There are three questions we should ask ourselves: Who am I? Why am I? Where am I going? And I think once we figure that out we stop fighting reasons to stay sober and start working on our recovery. And find a community of like-minded people to surround yourself with, weather that’s 12-steps, culture, college, etc. Community is important.

**What would you like me to know about recovery?** Recovery

is beautiful and fulfilling. But it is also hard work. I think a lot of people think that because you are sober you shouldn’t have cravings, or that if they do they are doing something wrong. There is nothing wrong with having those thoughts, that’s how we dealt with life for a long time. What’s important is to talk about them, so that they lose their power.

**How has your life changed since entering recovery?** Not only do I have those “things” that I lost to my addiction, but I am a better person. I have friendships today that are unwavering. I am the person that I want to be, and I get to always be improving. Life is far better than I could have hoped for.

**What are some activities**

**that bring positivity into your life?** Making Ribbon skirts or beaded earrings, spending time with my 5-month-old daughter, going to meetings and out to eat after with friends, attending recovery conventions or campsouts.

**Are there any ways that the community can help you to stay motivated in your recovery journey?** This motivation to stay sober has to come from within; but I will say that seeing others gain confidence in their own recovery makes what I do more worthwhile.

**What is one fun fact about you as a person?** I love to collect agates

*Interviewed By Talayah Martineau (prevention Intervention Specialist)*

Watch for the circle in blue when it’s time to renew



**m**  
DEPARTMENT OF  
HUMAN SERVICES

Please call FDL Patient Advocates at 218-878-2165 for more information.



Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Administration Department

## Breakfast & Brunch frittata

2 Servings  
Prep 15 min  
Cook 15 min

**Frittatas are a great way to sneak in veggies first thing in the morning. They make a perfect breakfast-for-dinner meal too!**

- Zucchini, 2 small, shredded
- Dijon mustard, 2 tsp(s)
- Eggs, 2 large
- Extra virgin olive oil, 2½ tsp(s)
- Red onion, ½ small, chopped
- Tomato, 2 medium, whole, chopped
- Swiss chard, 1 cup(s), firmly packed, shredded
- Cheddar cheese, reduced-fat,

- shredded, 2 tbsp(s)
- Part-skim ricotta cheese, 2 tbsp(s)
- Parsley, fresh, 1 tbsp(s), leaves to serve, or basil
- Black pepper, 1 dash(es)
- Whole-grain bread, 4 slice(s), toasted

### Method

Place shredded zucchini into a clean tea towel, gather the edges and squeeze the excess liquid. Discard liquid. Preheat the oven to broil. Whisk the mustard and eggs together until well combined.

Heat the olive oil in the base of 7-inch (base), 10-inch (top) non-

stick ovenproof frying pan over medium heat. Add the onion, cook for 1 minute stirring occasionally, until soft. Add the zucchini and tomatoes, cook for 5 minutes until the vegetables have softened and the moisture has evaporated. Stir in the Swiss chard and half the cheddar cheese. Spread evenly over the pan. Dollop over the ricotta.

Pour over the egg mixture and allow the egg to run to the base. Cook for 4 minutes or until the egg is almost set. Sprinkle the remaining cheese.

Place the pan under the broiler for 2 to 3 minutes or until the top is set and lightly golden. Scatter over the parsley or basil. Season to taste with black pepper. Cut in half and serve with slices of toast. Nutrition facts per serving  
*Makes 2 servings*

*They learn from watching you...*

**Be Active**  
*and your kids will too!*



This initiative is an equal opportunity provider.  
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP  
Fond du Lac Human Services Division | Community Health Services





# Health News

## National Nutrition Month 2024

By Kara Stoneburner, RDN  
LD, Community Health Services  
Dietitian

March is National Nutrition Month. National Nutrition Month has been around for over 50 years. It was started by the Academy of Nutrition and Dietetics to encourage people to learn about making informed food choices and developing healthful eating and physical activity habits.

Each year has a different theme and each week has a different focus. This year, the theme is Beyond the Table. It focuses on nutrition during food production and distribution and for the consumer in the grocery store and farmers' markets.

According to eatright.org, the weekly focuses are:

- Week 1:** Stay nourished on any budget
- Learn cooking, food preparation and meal planning skills
- Use a grocery list and shop the sales when purchasing food
- Learn about community resources

es such as SNAP, WIC and local food banks

- Practice home safety.
- Week 2:** See a Registered Dietitian Nutritionist

- Ask your doctor for a referral to an RDN

- Find an RDN who specializes in your unique needs

- Receive personalized nutrition information to meet your health goals

- Learn about the many ways RDNs can help live healthier lives.

- Week 3:** Eat a variety of foods from all food groups

- Include your favorite cultural foods and traditions

- Eat foods in various forms, including fresh, frozen, canned and dried

- Experiment with recipes using different ingredients

- Try new foods or global cuisines.

- Week 4:** Eat with the environment in mind

- Get creative with leftovers and ways to reduce waste

- Enjoy more plant-based meals and snacks

- Buy foods in season and from local farmers when possible

- Grow food at home or in a community garden.

Visit [www.eatright.org/national-nutrition/month](http://www.eatright.org/national-nutrition/month) for more suggestions and tips on improving your health and nutrition the whole month of March.

Dare to make something different this month. Try this recipe from [www.simplyquinoa.com](http://www.simplyquinoa.com). It highlights quinoa. While quinoa, technically, is not a grain (it is a seed from a plant, not a grass), it is often eaten like a whole grain. Quinoa is packed with protein and can be a great plant-based protein substitute for animal meat.

### Quinoa Fried Rice with Vegetable

Serves 4

#### Ingredients

- 1 Tablespoon toasted sesame oil or coconut oil
- 1-2 garlic cloves, minced
- 3-4 cups cooked quinoa, chilled (time tip: precook

the quinoa the day before)

- 1 16-ounce bag of frozen vegetables, any variety
- 2 large eggs
- 2-3 Tablespoons soy sauce
- ½ tsp ground ginger (optional)

#### Instructions

- Heat the oil and garlic in a large skillet or wok over medium-high heat, stirring until fragrant, about 30 seconds
- Add quinoa and veggies and cook until veggies start to soften and coated in flavoring, about 2 minutes. Push mixture to the

side of the pan and crack both eggs directly onto the hot skillet. Scramble with a fork until cooked through. Stir into quinoa-veggie mixture

- Pour soy sauce over mixture, sprinkle with ginger and toss to combine, cooking for another 1-2 minutes. Adjust seasonings according to taste

- Serve immediately

\*sources include: [simplyquinoa.com](http://simplyquinoa.com) and [eatright.org](http://eatright.org)

## A message from FDLHSD

HIV is spreading in our community. Human Immunodeficiency Virus (HIV) is an infection that spreads through sex or by sharing needles and can exist in the body for years without causing symptoms. American Indian/Alaska Native people in Minnesota are twice as likely to be diagnosed with HIV as white people. There is no cure for HIV, and left alone it is fatal. But there are modern treatments that help people with HIV be well and

live normal lives. It is time for us to protect ourselves and our people. HIV testing is recommended for everyone as a part of routine healthcare. Know your body, know your status.

We are starting a program at Min No Aya Win and Centers for American Indian Resources clinics to test all people between the ages of 15 and 65 for HIV at least once per year. HIV testing is for everyone, regardless of age, gender, or risk. We don't want to miss

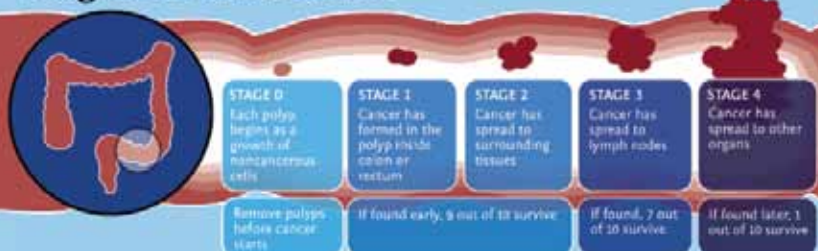
anyone, and we want people to see HIV testing as a routine part of the care they get from their clinic.

The HIV test is run on a finger prick that will be collected by the person rooming you. Your provider will give you results that same day. You can decline the test. But we hope that you will participate in this program to help stop HIV's spread through our community and to get treatment to people living with HIV!

## End Colon Cancer in Indian Country

▶▶▶▶

### Stages of colon cancer



STAGE 0	STAGE 1	STAGE 2	STAGE 3	STAGE 4
Each polyp begins as a growth of noncancerous cells.	Cancer has formed in the polyp inside colon or rectum.	Cancer has spread to surrounding tissues.	Cancer has spread to lymph nodes.	Cancer has spread to other organs.
Remove polyps before cancer starts.	If found early, 9 out of 10 survive.	If found, 7 out of 10 survive.	If found later, 1 out of 10 survive.	

TIMING MATTERS WHEN COLON CANCER IS FOUND

### What is colon cancer?

A disease in the large intestine (colon) and rectum. Most colon cancers start as small noncancerous clumps of cells called polyps. Without treatment, polyps may turn cancerous.

### What can I do?

QUIT SMOKING

EAT FRUITS & VEGGIES

WEIGHT CONTROL

GET SCREENED

EXERCISE

LIMIT ALCOHOL USE

Colon cancer is the second leading cause of cancer death for American Indians and Alaska Natives.

### Screening tests

Colon cancer screening for American Indians is recommended for those ages 45-75

- ▶ **STOOL-BASED TESTS**
  - Looks for blood in the stool
  - Take test at home every 1-3 years
  - Mail or return to clinic
  - If positive, must have colonoscopy
- ▶ **VISUAL TESTS**
  - Looks directly in the colon
  - Test is done at a medical center
  - Colonoscopy can prevent cancer by removal of polyps during test

Talk to your health care provider about when screening is best for you.

AmericanIndianCancer.org

@AMERICANINDIANCANCER 
 /AMERICANINDIANCANCER 
 @aicaf\_000

# Community News

## Happy birthday

Happy birthday **Uncle Mike** (Mar. 15)

We want to wish our **Papa, Dixon Barney** (Mar. 21), a happy birthday! You are the best Grandpa, we love you so much!

*Love, Richard and the grandkids (Alyssa, Donovan, Beckett, and Hudson)*



## Thank you

I would like to thank everybody that attended my son **Larry (Red) Schendel's** funeral and left cards. If anybody left me personal cards, I'm sorry to say I did not see or receive them so I can't send anybody a personal thank you card back.

*Shirley Bassett*

## Memorial

**Marcus Ojibway**, remembering you is easy, we do it every day.

*Forever in our hearts, Mom, the girls, and all of your Sawyer family*



## Obituary

**Ella Mae (Couture) Netland** born June 1, 1949 to David and Catherine (Church) Couture. She passed away peacefully February 1, 2024 at Essentia Health in Duluth, MN after a brief illness.

Ella is proceeded in death by her parents, siblings, and many other family members.

She is survived by her daughters Terri Redding (Shaun Naalsund), Gidget Netland and Kim Seacord, her granddaughters Noel Redding (Derek Rengo), Taylor Netland and Brooke Seacord and her great-grandson Ryker Rengo and step-grandson Ryan Naalsund. As well as many nieces, nephews and cousins, especially her favorite cousin Sharon Shuck and her furbabies & grand furbabies.

Ella grew up in Brookston, MN. She was a proud member of Fond du Lac Band. Ella retired from Potlach after 30+ years.

Ella loved her daughters, granddaughters and great-grandson. She was very involved in their lives.

Over the years, Ella had many hobbies that she would do but she most enjoyed watching her granddaughters play sports. She was active in the FDL Historical Society.

Ella was always there for her daughters and granddaughters for whatever they were going through in life. She was very proud of her great-grandson Ryker who brought joy to her.

A special thank you to the staff at Essentia Health and Dr Z aka Snoop Dogg who cared for Ella.

**Michael E. Marx (Mike)**, 73 of Maryville TN passed away peacefully on January 14, 2024, surrounded by



family. He was raised in Duluth Mn and was a 1969 graduate of Central High School in Duluth Mn. He served several years in the Army and Air Force which took him to several locations including Guam during his service. He lived in California for many years where he met his wife Joyce and was happily married to her for 41 years. After leaving Riverside California, he moved to Maryville TN where he worked for Cobia Boats before opening his own business with his wife and operated The Handi- Helper for many years before retiring in 2023. He was known to his family and friends and all that had the honor to meet him as having a witty sense of humor and a huge heart, he fiercely loved his family and those he called family. He loved using his skills as a handyman to help people. Along with his parents, he is preceded in death by his son Richard J Marx, sisters Barbara (Marx) Palkki and Anna Whitebird Perales and son in law Clarence Pace. He is survived by his wife Joyce Marx of Maryville TN, daughters Michelle (Nathan) Young of Maryville TN, Tammy (Aaron) Pruse of Wright Mn, Lynnette Pace of Maryville Tn, and son Joe (Lisa) Penrod of Riverside Ca. Sister, Shirley Godfrey of Duluth Mn and many nieces including Cindy Perales Moore of Grove City OHNine Grandchildren, Shayne Pace, Joshua Young, Jacob Busch, Katie Busch, Bryanna (Cory) Salazar, Rook Sweitzer, Brannon Penrod, Braedon Penrod, and Brycen Penrod. He also has three Great Granddaughters - Divina Busch, Justice Sevilleja and Rogue King. He is also missed by his longtime friend and neighbor John (Lynn) Tereshko. Per his request, there will not be a service. In lieu of flowers, donations can be made to a charity of the donor's choice.

## Leslie Earl Shabaiash, "Makoons"

of the Awaazisii Clan, age 68, of St. Paul, MN began his spiritual journey on Saturday, February 3, 2024 at St. John's Hospital in St. Paul. He was born on June 21, 1955 in Sandstone, MN the son of Joseph and Delphine (Benjamin) Shabaiash.

Les was a person who liked living life, taking it easy and going with the flow. He enjoyed spending time with his grandchildren and seeing them grow. He was more of a home body who liked to laugh and have fun. He will be missed by all who knew him and his laid back personality.

The family that Les joins again are his parents; Joe and Delphine, siblings; Lois Shabaiash, Joe Shabaiash, Jr., Dennis Shabaiash, Delbert Shabaiash, David Shabaiash, Lloyd Shabaiash, Daniel Shabaiash, Ruth Shabaiash, Roy Shabaiash, and Rodney Shabaiash.

Those he leaves behind to cherish his memory are his sons; David (Jessica) Shabaiash and Chris (Tiffany) Shabaiash, brother; Donald Shabaiash, sister; Roslie Gopher, grandchildren; Davien, Diana, Riana, Tiara and Kara Shabaiash.

It is with deep sorrow that we announce the death of **Linda Legore Sanders** of Pachuta, Mississippi, who passed away on January 2, 2024, at the age of 72, leaving to mourn family and friends. You can send your sympathy in the guestbook provided and share it with the family.

She was predeceased by: her parents, Arthur Legore and Bev-



erly Legore (Lord); and her sister Terri Legore. She is survived by: her significant other Harry Anthony Sanders; her children, Lisa M. Broussard (Michael Chabut), Trey Broussard (Connie) and Jeffrey Sanders (Deven); her grandchildren, Spenser Roberts, Vail Sanders, Alicia Reader, Deidra Verdin (Paul), Zach Beaugez (Chel), Nicholas Chabut and Morgan Chabut; her great grandchildren, Eric Lafayette, Mia Lafayette, Elijah Lafayette, Kya Lafayette, Paul Verdin, Cambria Verdin, Azlyn Verdin, Arabella Beaugez, Kai Beaugez, Asha Beaugez and Kiana Jade; her sisters, Vicki Lizana, Donna Ennis, Connie Legore and Earth RisingSun; and her step-mother Darlene Legore. She is also survived by several nieces, nephews.

## Larry "Red" Lee Schendel was

born on August 12, 1972, to Dennis Schendel and Shirley Bassett in Whitehall, Wisconsin.

During his childhood, Red would always be found taking items apart and putting them back together. At the age of four years, his family re-located to Cloquet, Minnesota. Red graduated from Fond du Lac Ojibwe School. He was very creative throughout his life making items out of willow such as canes, snowshoes, and much more. Red enjoyed fishing, hunting, agate picking, and could frequently be seen walking or riding his electric bike. He will be remembered for always treating everyone with respect and his favorite saying was, "It's my birthday every day!" Red passed away on Friday, February 9, 2024, in Cloquet.



# Community News

Red is survived by his children, Levi (Lynsy Lehtikoinen) Martineau of Cloquet, Sterling (Isabel Boyd) Martineau of Cloquet, and Allison (Zack Kitto) Martineau of Cloquet; grandchildren, Anorah Martineau, Mila Martineau, Miley Martineau, Joseph Kitto, and Loretta Kitto; mother, Shirley (Terry) Bassett; siblings, Matt DeFoe and Stacey Thrower; special

friend, Kathy Aubid; "Grampa Red" to Maci, Madi, Cedi, Martin, Conner, and Aubrey; and numerous aunts, uncles, and other family and friends. He was preceded in death by his father, Dennis Schendel; brother, Vince "Bug" Mullen Sr.; and grandparents, Victoria and Harold Flash, and Helen and Lawrence Schendel.



Fond du Lac Tribal and Community College Extension Program  
Bimaaji'idiwin Producer Training Program

## SAVE THE DATE

### Indigenous Wellness Gathering

Saturday, March 9  
8:00 AM - 1:30 PM  
Fond du Lac Tribal and Community College

Free and open to everyone. Great for all ages!  
Questions: erika.resendizalonso@fdltcc.edu.

Fond du Lac Tribal & Community College is an affirmative action, equal opportunity employer and educator, and a member of Minnesota State, the American Indian Higher Education Consortium and the World Indigenous Nations Higher Education Consortium.

### PROJECT STOVE SWAP

## REDUCE HARMFUL AIR POLLUTANTS IN YOUR HOME

Resources are available to update old, inefficient wood burning stoves or appliances so you can protect your friends and family and breathe clean air.

### UPGRADE YOUR OLD WOOD STOVE

for free or at a deep discount through Project Stove Swap.

The Fond du Lac Band partners with the nonprofit Environmental Initiative to simplify the upgrade process and determine what option fits your needs. Local vendors will swap out current appliances and make the upgrades.

To be eligible, you must qualify for one of these programs:

- Supplemental Nutrition Assistance Program (SNAP)
- Medical Assistance/MinnesotaCare
- Women, Infants, and Children's Program
- Income Qualified Home Energy/Weatherization Assistance Program
- Head Start
- Social Security Disability Insurance

### GET STARTED

Contact Paige Huhta or Anthony Mazzini to learn more and start your swap.

Paige Huhta  
Kit Program Coordinator  
paigh@hightrees.com

Anthony Mazzini  
Kit Technical/Environmental Support Coordinator  
antony@mazzini@hightrees.com

Save money, keep warm, and protect the air and the health of our community through these improvements.

## Keep your health insurance

Do you have Medical Assistance or MinnesotaCare?

You can now get text messages when you need to take action to keep your insurance.

Update your contact information to get texts.

Please call FDL Patient Advocates at 218-878-2165 for more information.

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Administration Department

## Look up when your Medical Assistance or MinnesotaCare renewal takes place

mi DEPARTMENT OF HUMAN SERVICES

Please call FDL Patient Advocates at 218-878-2165 for more information.

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Administration Department

## Open Enrollment Period

Open enrollment is the annual opportunity to enroll in a private health insurance plan or renew or make changes to a current plan.

### 2024 Open Enrollment Dates and Deadlines

Open enrollment for 2024 runs **November 1, 2023, through January 15, 2024.**

- Enroll by **December 15** to have coverage start January 1, 2024.
- Enroll **December 16 through January 15** to have coverage start February 1, 2024.

Need to enroll in or make changes to 2023 coverage? See if you qualify for a special enrollment period.

Please call FDL Patient Advocates at 218-878-2165 for more information.

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Administration Department

# Namebini-giizis – Sucker Fish moon – March 2024

ACC: Anishinaabewigamig Cultural Center ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; BLH: Brevator Language House, CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; FDLOS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>“Misdemeanor Dream”</b> Mar. 1 CHS</p>	<p><b>Fab Four</b> Mar. 1 7 p.m. BBCR</p>	<p><b>Elder movie morning</b> Mar. 17 11 a.m. Premiere</p>	<p><b>Rock the Otter</b> Mar. 29 7 p.m. BBCR</p>	<p><b>Clint Black</b> Apr. 6 7 p.m. BBCR</p>	<p>“Misdemeanor Dream” CHS Fab Four 7 p.m. BBCR</p> <p style="text-align: right;">1</p>	<p>“Misdemeanor Dream” CHS Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">2</p>
<p>Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">3</p>	<p>Ke go naa 5:30 p.m. ACC</p> <p style="text-align: right;">4</p>	<p style="text-align: right;">5</p>	<p style="text-align: right;">6</p>	<p style="text-align: right;">7</p>	<p style="text-align: right;">8</p>	<p>Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">9</p>
<p>Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">10</p>	<p>Ke go naa 5:30 p.m. ACC</p> <p style="text-align: right;">11</p>	<p style="text-align: right;">12</p>	<p>Sobriety Feast 5 p.m. CCC</p> <p style="text-align: right;">13</p>	<p style="text-align: right;">14</p>	<p style="text-align: right;">15</p>	<p>Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">16</p>
<p><b>Elder movie morning 11 a.m. Premiere</b> Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">17</p>	<p>Ke go naa 5:30 p.m. ACC</p> <p style="text-align: right;">18</p>	<p style="text-align: right;">19</p>	<p style="text-align: right;">20</p>	<p>RBC Open meeting 5:30 p.m. CAIR/ Zoom</p> <p style="text-align: right;">21</p>	<p style="text-align: right;">22</p>	<p>Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">23</p>
<p>Come &amp; swim &amp; use the gym</p> <p style="text-align: right;">24</p>	<p>Ke go naa 5:30 p.m. ACC</p> <p style="text-align: right;">25</p>	<p style="text-align: right;">26</p>	<p style="text-align: right;">27</p>	<p style="text-align: right;">28</p>	<p><b>Good Friday (Closed)</b></p> <p>Rock the Otter 7 p.m. BBCR</p> <p style="text-align: right;">29</p>	<p style="text-align: right;">30</p>
<p><b>Easter (Closed)</b></p> <p style="text-align: right;">31</p>	<p style="text-align: right;">25</p>	<p style="text-align: right;">26</p>	<p style="text-align: right;">27</p>	<p style="text-align: right;">28</p>	<p style="text-align: right;">29</p>	<p style="text-align: right;">30</p>

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.